

1- What does it mean?

Brush your hair	Vestirse
Clean your teeth	Levantarse
Leave the house	Ponerse los zapatos
Put on your shoes	Peinarse
Check your messages	Limpiar tu habitación
Get dressed	Comprobar tus mensajes
Have breakfast	Preparar la mochila
Prepare your school bag	Salir de casa
Tidy your room	Desayunar
Wake up	Lavarse los dientes

2- What time do you? (escribe la hora con letra)

Remember: half past / (a) quarter to / (a) quarter past / o'clock /

My alarm goes off at _____

I get up at _____

I clean my teeth at _____

I get dressed at _____

I prepare my school bag at _____

I put my shoes and leave home at _____

3-Choose the right word:

Ahora	A veces	Normalmente	Nunca	En este momento	Siempre	Hoy
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Never _____

Today _____

Always _____

At the moment _____

Sometimes _____

Now _____

Usually _____

4-Complete with : **never, always, sometimes , usually, today, at the moment or now**

We often use the present simple with words like _____,

_____, _____ or _____

We often use the present continuous with words like

_____, _____ or _____

5-Choose the correct word or phrase to complete the sentences

I *always / at the moment* prepare my school bag before school

My parents *now / always* watch tv in the evening

My brother is making breakfast *now / usually*

Why have you got your maths book? We are studying English *often / today*

What are you doing *sometimes / at the moment*?

I don't *usually / never* go to bed at 9 o'clock