

OLYMPIC SPORTS

1.- Order the text about the Olympics

At the beginning, the Olympic Games were a celebration. People participated to honor the god Zeus, every four years from the 8th century B.C. to the 4th century A.D.

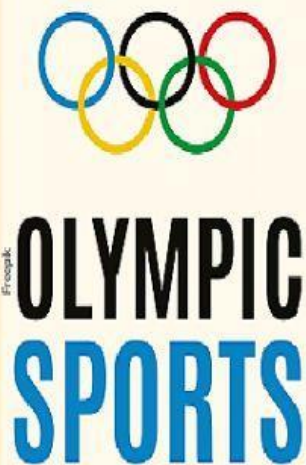
Today, the Olympics are the most important sports competition in the world with more than 300 events. In 1896, track and field, gymnastics, swimming, shooting, fencing, cycling, tennis, weightlifting, and others like figure skating and ice hockey were added.

The Olympic Games started in ancient Greece 3,000 years ago and they were brought back to life in the 19th century.

The first modern Olympic Games took place in Athens, in 1896 with only 280 athletes from 13 nations. The participants competed in 43 competitions. In 1994, the Summer Olympic Games and the Winter Olympic Games were split.

HISTORY OF THE OLYMPICS

2.- Say the name of the sports and which is your favorite.



Archery - Fencing - Badminton - Volleyball - Lacrosse -
Weightlifting - Synchronized Swimming - Gymnastics - Basketball
- Taekwondo - Speed skating - Rugby



Which is your favorite Olympic sport? _____

3.- Phrasal Verbs related to sports:

Phrasal Verbs

A phrasal verb is a phrase that results from the combination of a verb and a preposition, an adverb, or both. The function of a phrasal verb is to convey a meaning different from the literal meaning of the individual words that form it.

1. Below are some phrasal verbs related to sports. Try to guess what they mean using the context.

- I enjoy **working out** at the gym every night after work.
- Oh no! I ate too much pizza. I must **work off** every slice of it if I want to wear that dress!
- Don't start yet! You need to **warm up** first, or you can get a **sprain**.
- Michael loves baseball and he is good at it. He should **try out for** the team.
- Near the end of a triathlon, many athletes **pass out** due to exhaustion and dehydration.
- Did you see that Andy Ruiz Jr. won the fight when he **knocked out** his opponent?
- Daniel Cormier never **gives up** during a fight, that is why he is the UFC heavyweight champion.

2. Write the number of the phrasal verb next to its definition.

1 Try out for

2 Work out

3 Knock out

4 Warm up

5 Work off

6 Give up

7 Pass out

☐ to become unconscious.

☐ to exercise in order to improve the strength or appearance of your body.

☐ to prepare yourself for a physical activity.

☐ to exercise in order to lose the weight or be in good physical condition.

☐ to demonstrate your abilities so a coach can decide if you should be on the team.

☐ to stop doing something, to quit.

☐ to hit somebody and make them unconscious.

4.- Write the phrasal verbs

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

5.- Say the phrasal verbs

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

6.- Complete the following sentences using the phrasal verbs

LET'S _____ WITH A SHORT RUN.

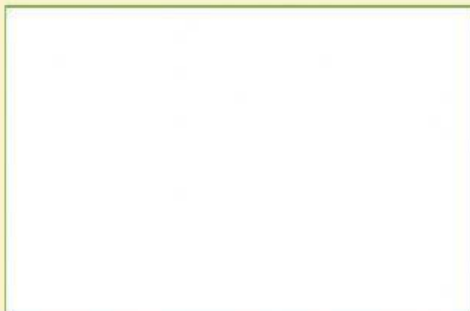
MY DAUGHTER IS GOING TO _____ THE SCHOOL'S MOST COMPETITIVE SOCCER TEAM.

A FOOTBALL PLAYER CAN _____ DUE TO DEHYDRATION.

A GOOD BOXER CAN _____ HIS OPPONENT WITH A SINGLE PUNCH.

MARK WILL FINISH THE MARATHON – HE WILL NOT _____

PHRASAL VERBS YOU DON'T NEED →



Try out for

Work out

Knock out

Warm up

Work off

Give up

Pass out



Don't forget you're brilliant!!