

- A. expensive B. cheap C. difficult D. unusual
12. "John is a better player than Martin, isn't he?" – "Oh yes. He the match tomorrow, I expect."
- A. is winning B. win C. wins D. will win

Read the passage and choose one suitable verb to put into the blank.

play cooking cycling reading listening

Hello, my name's Sarah. I have several hobbies such as (1), surfing, (2) to music and so on. However, I like (3) books the most. Reading makes me feel comfortable after school. It also helps me to improve my knowledge. Sometimes, I (4) sports with my mother and sister in the front yard. In the morning, I usually get up early to go (5) It helps me to improve my health and enjoy fresh air in the morning.

Read the passage and do the tasks below.

Collecting things is an interesting hobby. People collect a lot of things such as stamps, milk bottle labels, comic books as well as car toys. Someone who has much money can collect sport cars.

Amy is a skillful and interesting woman. She is twenty years old. She is working as a hairdresser. Amy has a strange hobby that is collecting candy shells. Her friends and relatives always give her shells after eating candy. She has a big collection of candy shell now. She thinks she will make a special dress. If she has more shells, she will make other things such as wallets or shoes. This makes her happy.

Collecting things is a waste of time and money. However, people still consider it as a good hobby.

A. Answer the following questions

1. What do people collect?
.....
2. How old is Amy?
.....
3. What does she do?
.....
4. What is her hobby?
.....
5. Who give her candy shells?
.....

B. Write T (True) or F (False).

1. Collecting things is a boring hobby.
2. Collecting sport cars is not an expensive hobby.
3. Amy is a man.
4. Amy likes collecting sport cars.
5. She is thinking of making a dress with candy shells.

Rewrite the following sentences based on the given words.

1. Linh likes collecting stamps of different countries in the world.
→ Linh..... (enjoy)
2. Ha likes going on a picnic with her best friends at weekends.
→ Ha is..... (interested)
3. What I always want to do every morning is to play badminton.
→ I am..... (keen)
4. My brother and I are really interested in watching horror films.
→ My brother and I..... (fond)
5. My cousin is a big fan of Manschester United football team.
→ My cousin is..... (crazy)

LISTENING

1. Tyrone is interested in swimming. Now listen to him calling the staff at his local swimming pool. Then fill in the registration form with Tyrone's information.

BROWNTON SWIMMING POOL REGISTRATION FORM	
First name:	Tyrone
Surname:	(1).....
Age:	(2)
Interested in (sport):	(3)

2. Listen again. Decide whether the statements below are true (T) or false (F)

1. There are four different age groups that play water polo.
2. Tyrone wants to join the under 14s club.
3. The under 16s train on Monday and Thursday evenings.
4. Water polo matches are played on Saturdays.
5. You have to pay to join the water polo classes for under 18s
6. You need to bring a photo to register at the swimming pool
7. The training for the water polo team starts this week.

UNIT 2

Find the word which has a different sound in the part underlined.

- | | | | |
|---------------|--------------|--------------|-------------|
| 1. A. surf | B. roof | C. of | D. father |
| 2. A. laugh | B. though | C. cough | D. enough |
| 3. A. machine | B. chemical | C. Christmas | D. backache |
| 4. A. chin | B. architect | C. mechanic | D. headache |
| 5. A. rough | B. fast | C. although | D. ferry |

Find and correct the mistakes in the following sentences.

1. You should eat more sweets because you may havea toothache.
 A B C D
2. It will be good for her if she relax more.
 A B C D
3. You shouldn't take up a sport. It will make your health better.
 A B C D
4. Drink more water, but you will not be so thirsty.
 A B C D
5. He has a toothache, and he still eats a lot of sweet things.
 A B C D

Choose the best answer A, B, C or D.

1. Eating too much will be harmful for your health.
 A. vegetables B. junk food C. healthy food D. fresh food
2. Do you think that playing outside all day will make you get?
 A. a sore throat B. a toothache C. sun burn D. a cold
3. You should be careful with you eat and drink.
 A. what B. who C. why D. when
4. If you eat that strange food, you may get a/an
 A. backache B. allergy C. fever D. temperature
5. If you follow a balanced diet, you will have a healthy
 A. life B. style C. house D. line
6. Eating drinking healthy things will keep you fit.
 A. or B. although C. but D. and
7. He will take part in an event. In this event, he will run, jump..... swim.
 A. and B. but C. though D. or
8. Don't drink too much milk,..... you will gain your weight.
 A. so B. or C. and D. but
9. The doctor advised him to play more sports and computer games.
 A. more B. little C. less D. least
10. Your eyes will feel dry if you watch TV read comic books a lot.

- A. and B. but C. though D. so
11. To healthy, you need between 1,600 and 2,500 calories.
A. let B. stay C. make D. do
12. I ate too much seafood, so I had a/an yesterday.
A. earache B. backache C. stomachache D. headache
13. We shouldn't spend much time TV and games.
A. watching/play B. to watch/ to play
C. watching/ playing D. to watch/ playing
14. My brother eats a lot of junk food, so he on a lot of weight.
A. turns B. takes C. brings D. puts
15. Eat more vegetable drink less beer and coffee.
A. or B. and C. but D. so

Read the passage and answer the questions.

KEEPING OUR TEETH HEALTHY

It's very important to have healthy teeth. Good teeth help us chew our food. They also help us look nice. How does a tooth go bad? The decay begins in a little crack in the enamel covering of the tooth. This happens after germs and bit of food have collected there. Then the decay slowly spreads inside to the tooth. Eventually, poison goes into the blood, and we may feel quite ill.

How can we keep our teeth healthy? First, we ought to visit the dentist twice a year. He can fill the small holes in our teeth before they destroy the teeth. He can examine our teeth to check that they are growing in the right way.

Secondly, we should brush our teeth with a toothbrush and fluoride toothpaste at least twice a day—once after the breakfast and once before we go to bed. We can also use wooden toothpicks to clean between our teeth after a meal.

Thirdly, we should eat food that is good for our teeth and our body: milk, cheese, fish, brown bread, potatoes, red rice, raw vegetables, and fresh fruits. Chocolates, sweets, biscuits and cakes are bad, especially when we eat them between meals. They are harmful because they stick to our teeth and cause decay.

1. Good teeth help us our food.
A. be nice B. have good eyesight
C. chew D. be important
2. When food and germs collect in a small crack, our teeth
A. become hard B. send poison into the blood
C. begin to decay D. make us feel quite ill
3. A lot of people visit the dentist only when
A. their teeth grow properly B. they have holes in their teeth
C. they have toothache D. they have brush their teeth
4. We ought to clean our teeth
A. After breakfast B. before breakfast
C. before bedtime D. Both B & C
5. We shouldn't eat a lot of
A. red rice B. fresh fruit C. fish D. chocolate

LISTENING

1. Listen to a doctor talking about obesity among teenagers. Then answer the questions below.

1. According to the doctor, what are the causes of obesity among teenagers?
A. weather
B. genes
C. teachers and friends
D. behavior
E. culture
F. money
2. According to the doctor, what health problems do obese teenagers may face with?
A. breathing problems
B. headache
C. heart disease

- D. stomachache
- E. joint pain
- F. toothache

2. Listen again and fill in the gaps with the missing words

Obesity occurs when a person eats (1) than the bodyburns. If one parent is obese, there is a (2) chance that his or her child will also be obese. However, when both parents are obese, their children have (3) an chance of being obese. In addition, more and more teenagers are obese because of their poor (4) or (5) a lot of fast-food. Some are so busy with homework or some are so lazy that they can't spend any time (6) Watching TVs or playing (7) hours and hours are also the reason for their overweight.

UNIT 3

Find the word which has a different sound in the part underlined.

- | | | | |
|-------------------------|-------------------------|----------------------|--------------------|
| 1. A. generation | B. goose | C. ginger | D. engineer |
| 2. A. <u>q</u> uestion | B. mos <u>qu</u> ito | C. mos <u>qu</u> e | D. <u>u</u> nique |
| 3. A. me <u>ch</u> anic | B. stomach <u>ach</u> e | C. <u>Ch</u> ristmas | D. <u>ch</u> ance |
| 4. A. giggle | B. gone | C. engine | D. forget |
| 5. A. <u>c</u> omplete | B. <u>c</u> ompass | C. <u>c</u> oncert | D. <u>c</u> entury |

Use the present perfect tense or past tense.

1. Mum (make) a delicious omelet already.
2. I (leave) university 2 years ago.
3. We (not decide) what to get Mark for his birthday yet.
4. He (break) the vase this morning.
5. I can't see where my umbrella is. Somebody(take) it.
6. I (not see) Susan recently.
7. Our team (win) the match yesterday.
8. She (finish) her homework already.
9. I (visit) Ha Long Bay several times.
10. you (ride) into town on your new bike yet?

Choose the best answer A,B,C or D.

1. We should join our hands to help because they are so poor.
A. the homeless B. the rich C. the happy D. the old
2. I have to prepare some English lessons the orphans in the village.
A. to learn B. to finish C. to teach D. to send
3. The are people who don't have their own houses to live in.
A. young children B. street children C. rich children D. weak children
4. We usually collect and food to provide to the homeless.
A. old clothes B. garbage C. rubbish D. cans
5. My father the bike for me already.
A. bought B. will buy C. has bought D. buys
6. We ought to take care poor people.
A. in B. on C. with D. of
7. I an interesting news from my best friend yesterday.
A. have heard B. heard C. hear D. did hear
8. They to that village to do volunteer work several times.
A. went B. go C. going D. have gone
9. The house looks clean..... it?
A. Did you wash B. Do you wash
C. Have you washed D. Did you washed
10. I have decided to ride to school it is a good way to protect the environment.
A. because B. so C. but D. although
11. Our class has a charity programme..... to poor people.
A. ask B. tell C. help D. take
12. My brother and I Da Lat recently.
A. visited B. will visit C. has visited D. have visited
13. We should help street children because they have bad

- A. living conditions B. life style C. earnings D. live
14. My friends and I sometimes blood to cure patients in hospitals.
 A. bring B. donate C. take D. make
15. We ought to the volunteer activities because we can help a lot of poor people.
 A. make B. take in C. participate in D. bring

Read the passage and circle T (true) or F (false).

Community service is very important in social life. As you know, our social life has both the rich and the poor people. So it is necessary for us to take part in volunteer activities to help poor people and elderly people. We can help them in various ways. Firstly, it is easy for us to collect old clothes which we don't need. Besides, we can join volunteer activities to raise funds for the poor and the homeless in our country. Finally, we can spend time talking with older people, sharing with poor children. Through these activities, we can develop our leadership skill by organizing fund raising, providing food as well.

- | | |
|---|------|
| 1. Community service is not necessary in our life. | T/ F |
| 2. We take part in volunteer activities to help rich people | T/ F |
| 3. We don't need to collect old clothes for the poor. | T/ F |
| 4. We shouldn't talk with older people. | T/ F |
| 5. Community service can develop our leadership skill. | T/ F |

Make meaningful sentences based on the given words.

- Last week/ we/ plant/ lot/ trees/ new park/ close/ school.

- Volunteers/ wash/ dirty clothes/ classify/ before/ give/ the poor.

- We/ come/ people's houses/ ask/ donate/ money/ charity.

- Next week, we/ give away/ books/ school things/ poor children.

- Singer/ decide/ donate/ show's money/ show/ orphanage children/ district.

LISTENING

1. Listen to a man calling for people's attention to volunteer activities. Then decide if the statements below are true (T) or false (F)

The man says that:

- Being a volunteer is a way to avoid wasting time.
- Only a few volunteer organizations need new volunteers.
- Many people are lazy and don't want to do something new
- Being a volunteer can be boring sometimes.
- Sometimes volunteers can be sad about what the government do to people.

2. Listen again and fill in the gaps with the missing words.

Being a volunteer is one of the (1) things you can do with your life. It's a great way to help other people. It's also very (2) to know that you are not wasting your time and are helping people who need help. Many of us could and should be out there doing (3) of some kinds. So many volunteer organizations need extra hands. It really is easy. Just pick up the phone and offer your (4) I think too many of us settle into a lazy lifestyle. We just want to come home and watch TV. Life is much more interesting when you're a volunteer. I've found it really opens your eyes to how some people live. It's sometimes sad to see how the government lets people (5), but at least I'm doing my bit.