PGGMB YEAR 1 SCIENCE

Name:_____

Date:_____

Year 1 Excellent ☐ / Eminent ☐

UNIT 5. STAYING HEALTHY

KEEPING OUR BODY CLEAN

To stay healthy, we need to keep our body clean. What are some things we can do to keep ourselves clean?

Look at each picture and choose the correct answers.

1. We brush our _____ daily.

a) teeth

b) leg

c) shampoo

2. We have a _____ every morning and every night.

a) candy

b) shower

c) game

3. We wash our body with _____.

a) soap

b) shampoo

c) toothpaste

LIVEWORKSHEETS

4. We wash our hair with _____.

a) soap

b) toothpaste

c) shampoo

5. We must wash our _____ before we eat.

a) hair

b) body

c) hand

6. We must trim our _____ regularly.

a) nail

b) book

c) soap

7. We must wear _____ clothes.

a) dirty

b) clean

c) unwashed

8. After showering we must_____ our hair.

a) wash

b) trim

c) comb

LIVEWORKSHEETS