



Week 16
English Mastery
Primary 1

The Write Tribe

UNIT 8 - PART A
P.E LESSON

PART 1

DATE: 7 MAY



VOCABULARY MCQ

1. Which word below has the same meaning as, '**happy laughter**' ?
 - a. sniffles
 - b. sobbing
 - c. hoots of laughter
 - d. delightful laughter
2. Which word below has the same meaning as, '**set ablaze**' ?
 - a. douse
 - b. trickle
 - c. set on fire
 - d. drenched
3. Which word has the same meaning as '**drench with water**' ?
 - a. set ablaze
 - b. trickle
 - c. douse
 - d. drop
4. Which word has the same meaning as **happy that something is over**?
 - a. relieved
 - b. anxious
 - c. perplexed
 - d. irritable
5. What is the meaning of **ruin someone's special moment**?
 - a. rain on someone's parade
 - b. pee on someone's parade
 - c. shine on someone's parade
 - d. douse on someone's parade



6. Which word has the same meaning as **run around crazily**?

- a. waltz
- b. plod
- c. run amok
- d. run carefully

7. Which of the words below mean **not listening**?

- a. receive an earful
- b. fall on deaf ears
- c. eavesdropping
- d. elated

BONUS QUESTIONS

8. Which idioms below have the same meaning as **you have to work hard to get what you want**?

- a. no pain no gain
- b. let someone off the hook
- c. Make a long story short

9. Which idioms below have the same meaning as **missing a chance**?

- a. Miss the boat
- b. No pain, no gain
- c. let someone off the hook

10. Which idioms below have the same meaning as '**Letting go of someone without punishment**'?

- a. letting off the hook
- b. hang in there
- c. No pain, no gain



| word/phrase | meaning |
|--------------------|---------|
| Whale of a time | |
| attire | |
| rotated | |
| stretched | |
| perspire profusely | |
| terminate | |
| exhausted | |

| very tired | | |
|------------------------|-------------|------------------------|
| end | sweat a lot | extend the limbs |
| turn around the centre | uniform | have an enjoyable time |



| | | |
|-----------|------------|-----------------|
| exhausted | | |
| terminate | perspiring | stretched |
| rotated | attire | whale of a time |

Hooray! It was time for Physical Education class. The students readily changed into their P.E. 1. _____ Then, they made their way to the field where they had to do a series of warm - up exercises. Firstly, they 2. _____ their arms and legs. Then, they 3. _____ their knees and ankles. Finally, they had to run two round around the track. It was so hot that all the students were 4. _____ profusely. Vera wiped her forehead! Ms. Maha, their P.E. teacher allowed them to play dodge ball. Everyone was having a 5. _____. After 15 minutes, Ms. Maha blew the whistle. The students had to 6. _____ the game and return to class. Yu Xiang was grateful as he felt extremely 7. _____ after the tiring game! Everyone had **a ball of a time!**

a ball of a time!: Enjoy oneself immensely

