

SENTENCE COMPLETION

● STRATEGY

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VOCABULARY

Activity 1. Match the words with the correct meanings.

Avocado	Chín
Ripe	Chủng loại
Substitute	Quả bơ
Ingredient	Vật/Người thay thế
Variety	Dinh dưỡng
Nutrients	Nguyên liệu

Activity 2. Complete the table.

	Quả bơ
Ripe	
	Vật/Người thay thế
Ingredient	
	Chủng loại
Nutrients	

READING PASSAGE

The Lovely Avocado⁷³

The avocado is a very special kind of fruit. It originally evolved somewhere in Mexico or Central America and is now grown all over the world. Avocados were once considered an aphrodisiac because their shape is similar to a part of the human body. One common type of avocado consumed is the 'Hass' variety. The skin of this kind of avocado is dark green and has ridges and bumps. When ripe, the flesh of the fruit has a soft and buttery texture that feels good on the tongue. Unlike most other fruits, the avocado is not considered sweet. A medium-sized avocado can contain up to 35 grams of fat, though the vast majority of that

⁷³ Tham khảo: The best preparation for IELTS Reading, page 24

fat is of the healthier monounsaturated kind. Among all fruits, avocados also have the most fiber per unit of weight. They also contain many other nutrients and vitamins.

Due to their unique texture and taste, avocados can be prepared in a variety of ways. They are an excellent substitute for meat in vegetarian cuisine. Mature, ripened avocados can be eaten with just a little salt and pepper. Sliced avocado is a great addition to salads, soups and sandwiches. The avocado is the main ingredient in 'guacamole', a kind of dip that consists of the mashed flesh of the fruit, tomatoes, onions, lime and spices. Avocados are even versatile enough for desserts, including ice cream and milkshakes.

Avocado oil is very good in cooking because of its high smoking point, ability to carry other flavors, and absence of any unhealthy trans fats. This oil is high in vitamin E and is also used in skin products for the face and body.

Complete the sentences below with words taken from the reading passage. Use NO MORE THAN THREE WORDS from the passage for each answer.

1. Avocados are useful in cosmetic products because the oil contains
2. In dishes, avocados are a good ingredient for those who don't eat meat.
3. People can eat avocados by themselves, with some
4. It is best to eat avocados when they are

SUMMARY COMPLETION

● STRATEGY

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VOCABULARY

Complete the table.

Communication	
Convey	
Argue	
Persuade	
Discussion	
Agenda	

READING PASSAGE

⁷⁴Managers need a range of communication skills to carry out their jobs effectively. They need to be able to articulate their ideas and visions and to convey enthusiasm. Good managers may, at times, need to be able to argue points cogently and to persuade people to their point of view. However, good managers appreciate that communication is a two-way process, and that listening is an important element of communication. Listening to the views of others can help to test ideas as well as to develop new products and methods of production.

The most common forum in which managers are required to communicate are meetings. It is important for managers to plan for meetings, whether with a single person or with a group. Managers should not invite too many participants to keep numbers to a minimum. They should have a clear agenda for discussion and should exercise tight time controls to

⁷⁴ Tham khảo: Get ready for IELTS Reading Pre-intermediate A2+, page 44

prevent meetings dragging on. Managers should enter each meeting with a clear idea of what they want to achieve. At the end of a meeting it is good practice to summarize what has been agreed and what needs to happen in the future.

Complete the summary using NO MORE THAN ONE WORD for each answer.

There should be a small number of (1)..... at meetings and there needs to be a (2)..... for any meeting, which will include a clear agenda. During the meeting there needs to be good (3)..... management and clarity about what the meeting should hopefully (4)..... At the end, there should be a summary and agreement about (5)..... action.

MULTIPLE CHOICE

STRATEGY

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VOCABULARY

Complete the table.

	Tình bạn
Skateboard	
Sailing	
	Trượt nước
Windsurfing	
Rugby	

READING PASSAGE⁷⁵

Ben, 15: Every time I have a fight with my parents, I need some time on my own. But after that, the first thing I do is to meet up with my friends. After playing football for a while, or skateboarding, I usually feel much happier again.

Rory, 13: When I moved to a village in the countryside, I thought that it would be the end of my friendships. But my old friends have kept in touch and they come and visit in the holidays. There's a lake nearby, so we often go sailing, water-skiing or windsurfing. And I have made some new friends here too, at school, and since I joined the rugby club.

Carlos, 11: Last year, I broke my arm on a skiing holiday. Unfortunately, it was my left arm and I am left handed. My school friends all helped and copied their notes for me. It seems that our readers value their friendships very highly. From what they told us, they spend a lot of time with their friends, just hanging out, or sharing hobbies and interests. They seem to need their friends for advice, help, chats, and for having fun. Clearly, friends make each other feel better. Looking at what our readers told us, the results of the recent research are not really surprising.

Choose the correct letter, A, B, C, or D.

1 Which of the following best describes Ben?

3 Carlos mentions that he is left-handed

⁷⁵ Tham khảo: Get ready for IELTS Reading Pre-intermediate A2+, page 10

- A. He often has fights.
- B. He likes being alone.
- C. He is happier than his friends.
- D. He likes some sports.

because ...

- A. it makes skiing harder.
- B. it makes it worse that he broke the arm he uses most.
- C. it is an interesting fact about himself and he was talking about his left arm.
- D. it is very unfortunate when you break your left arm.

2 What do we know about the lake that Rory visit?

- A. It is near the school.
- B. It is near his home.
- C. It is used by a lot of people who do water sports.
- D. It is in a village.

HOMEWORK

EXERCISE 1⁷⁶

It is said that most people have no more than 30 friends at any given time, and 400 over the whole of their lives. However, on social networking sites, most users have about 150 friends. If these numbers are correct, then friendship means different things in different situations.

One of the reasons for having more online friends than real friends at a certain point in time is that online friendships do not require much time and energy: it is easy to accept friendships and keep them forever. Another possibility is that it is difficult to say 'no' when somebody asks us to be their friend online, even if we feel we don't really know them. The fact that they ask us suggests that they do consider US a friend, which is a nice feeling. Alternatively, they may be 'collectors' of online friends and just want to use US to get a higher number of friends and appear to be popular.

Online friendships are quite easy, but in the real world decisions about friendships are harder to make. There are no rules about friendship. There are no guidelines about how to make friends, how to keep friendships going, and how to finish friendships if we want to move on. People have very different opinions about this: some people would die for their friends and they value them more than family. Others say that friends are temporary, only

⁷⁶ Tham khảo: Get ready for IELTS Reading Pre-intermediate A2+, page 13