UNIT 3. TEEN STRESS AND PRESSURE

A. PHONETICS

I Find the word which has a different sound in the part underlined.

1.	A. columnist	B. frustrated	C. study	D. adulthood
2.	A. helpline	B. September	C. embarrassed	D. depressed
3.	A. tense	B. skill	C. decision	D. house-keeping
4.	A. resemble	B. adolescence	C. independence	D. destruction
5.	A. delighted	B. depressed	C. embarrassed	D. relative

II Find the word whose stress pattern is different from the others.

1.	A. worried	B. cognitive	C. concentrate	D. frustrated
2.	A. wonderful	B. emergency	C. adulthood	D. indicator
3.	A. adolescence	B. independence	C. discipline	D. metropolitan
4.	A. worried	B. relaxed	C. resolved	D. aware
5.	A. relate	B. contain	C. boredom	D. informed

B. VOCABULARY AND GRAMMAR

III Fill in each blank with a suitable word given.

house-keeping	*self-disciplined*	*columnists*	*resolve*
frustrations	*cognitive skills*	*adolescents*	*independence*

1. ……..... and young adults, both male and female, benefit from physical activity.
2. Some students like to have a ……..... job.
3. Maths requires a lot of …….....
4. Villager students often have more ……..... than city dwellers.
5. They will need to ……..... much more conflict when they become adolescents.
6. Students should take part in some social activities to reduce school pressures and …….....
7. Your brain will grow if you improved self-control and …….....
8. You can become an advice ……..... when you graduate from this faculty.

IV Choose the best answer A, B, C, or D for each blank.

1. As children move toward ……., they are less likely to ask for advice.
   A. dependent B. dependence C. independent D. independence
2. My parents asked me to figure out …… gave me so much trouble.
   A. what B. which C. how many D. where
3. I'm not sure …… I can solve this problem.
   A. how B. what C. who D. by whom
4. Our car …… at the side of the highway in the snowstorm.

LIVEWORKSHEETS

A. broke into B. broke away C. broke in D. broke down

5. Mike ..... Alaska, so he's used to cold weather.
   A. comes over B. comes in C. comes across D. comes from
6. Jane had a difficult childhood. She ..... a broken home.
   A. came from B. came over C. came in D. came up with
7. The woman ..... when the police told her that her son had died.
   A. broke down B. broke away C. broke in D. broke into
8. Our teacher broke the final project ..... into three separate parts.
   A. in B. into C. away D. down
9. Lan asked her teacher what requirements she ..... a monitor.
   A. needs to become B. needed doing C. need to do D. needed to do
10. We need to prepare food, do laundry and chores at home. It's .....
    A. social skills B. self-care skills C. housekeeping skills D. cognitive skills

V Change the following sentences into reported speech.

1. "Where did you spend your holidays last year?" she asked me.
- She asked me .....
2. He said, "Don't go too far."
- He advised her .....
3. "You should take more exercise, Mr. Robert," the doctor said.
- The doctor advised .....
4. "Will I find a job?", Tim said to himself.
- Tim wondered .....
5. "When is the first day of your holiday, Peter?" Martha asked.
- Martha asked Peter when .....

VI Find and correct the mistake in each sentence.

1. My classmate told me you can't explain the rule to her. .....
   A B C D
2. I'm not sure what I can solve this problem. .....
   A B C D
3. You have a problem with your classmate, you don't know what .....
   A B
   to do, you may feel happy.
   C D
4. You notice something strange happen to your body when you start .....
   A B C D
   your adolescence.
5. She finds that it is difficult staying awake during the meeting. .....
   A B C D

LIVEWORKSHEETS