

# WATCH THE VIDEO

Have you ever done any of these activities?

## While you watch

do a bungee jump   do a parachute jump   go abseiling  
go deep-sea diving   go skiing   go to the Grand Canyon  
race a motorbike   run a marathon   try motor racing

1 Watch the video. What activities have the people in the video done?

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2 Watch the video again. Complete the questions or answers with one, two, or three words.

Interviewer: What's the most amazing thing you (1) \_\_\_\_\_?

Woman 1: An avalanche.

Interviewer: Have you ever tried snowboarding?

Woman 1: (2) \_\_\_\_\_.

Interviewer: What's the most amazing thing you (3) \_\_\_\_\_?

Man 1: The Grand Canyon.

Interviewer: What's the bravest thing you (4) \_\_\_\_\_?

Man 1: I've done a bungee jump.

Interviewer: Have you ever tried abseiling?

Man 1: (5) \_\_\_\_\_, but it looks very exciting.

Interviewer: Is that the most challenging thing you (6) \_\_\_\_\_?

Woman 2: Yes, I think so.

Interviewer: Have you (7) \_\_\_\_\_ a marathon?

Man 2: No, I haven't!

Interviewer: Have (8) \_\_\_\_\_ motor racing?

Man 2: No, never.



## After you watch

1 Complete the sentences with **since** or **for**.

for

for

since

since

since

1 How long have you lived in your house?

\_\_\_\_\_ 1999.

2 How long have you known your best friend?

\_\_\_\_\_ about five years.

3 How long have you studied at this school?

\_\_\_\_\_ 2011.

4 How long have you had short/long hair?

\_\_\_\_\_ last year.

5 How long have you had your bag?

\_\_\_\_\_ six months.

Well  
Done