DO NOW – Friday, October 15, 2021

RI 4.2 Main Idea

Turn Off Your TV!

How much television do you watch a week? Maybe you watch five hours a week. Maybe you watch five a day. That is over 30 hours of TV a week! What would your life be like without TV? One organization wants you to find out!

In 1995, TV Turnoff Network started an event. It is called TV Turnoff Week. The goal is to get people off their couches. People can use that week to get active. They can draw, ride a bike, or play a game.

TV Turnoff Week usually happens the last week in April. When the event started, only a few thousand people were involved. Last year, over 7.6 million people joined. The group asks people to "Turn off TV and turn on life."

The TV Turnoff Network started this event because of kids. Kids spend more time watching TV than they do at school. Watching too much TV leads to bad health. People who watch too much TV do not eat well and do not exercise as much.

So, turn off your TV for a week. You never know what might happen!

What is this article mainly about?

A. TV Turnoff Week wants people to be active instead of watch TV.

B. TV Turnoff Week is an event that happens the last week of April.

C. People who watch TV eat more junk food than people who don't.

D. Kids in the U.S. watch sometimes up to five hours of TV a day.

TV Turnoff Week is becoming a big event in the U.S. Which statement supports this idea?

A. Many kids watch the TV for more time than they are in school.

B. The event grew to 7.6 million people participating last year.

C. Instead of watching TV, people can exercise or play games.

D. TV Turnoff Network started the event to get people to be active.

LIVEWORKSHEETS