Edith Dalton James High School

Home and Family Management

Methods of Cooking Worksheet

Grade 8

Name _____

Grade _____

1. Methods of cooking are the different _____ in which we cook food.
2. _____ is the movement of heat to the food and through the food .
3. Pulse is prepared by _____ them in water.
4. Biscuits and breads are prepared by _____ them in an oven.

TRUE or False

1. Eggs can be prepared by boiling them _____.
2. Consuming a lot of fried foods is delicious and healthy _____.
3. All foods can be prepared using the same method _____.

Match column "A" with the correct response in column "B"

1.	Aroma	Look, Feel
2.	Texture	Taste
3.	Flavour	Smell

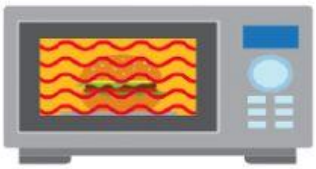
Match the following pictures with the method of heat transfer

1. 

_____

LIVEWORKSHEETS

2. 

3. 

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