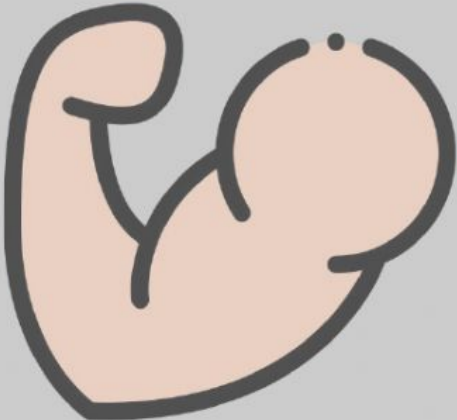



Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Sort** your strengths and weaknesses for each category.

 basketball	 dancing	 reading	 helping others
 cleaning	 counting money	 cooking	 making jokes

My strengths are...	My weaknesses are...
	

**Identify** your feelings about the skills stated.

**Refer** to your pointing board for keywords.



I am \_\_\_\_\_ **at cooking** and

bad	okay	good
-----	------	------

I **feel** \_\_\_\_\_ about it.

---



I am \_\_\_\_\_ **at dancing** and

bad	okay	good
-----	------	------

I **feel** \_\_\_\_\_ about it.

**Describe** yourself using the words learnt for each category.  
Please refer to the **pointing boards** provided.



Hello! My name is \_\_\_\_\_.



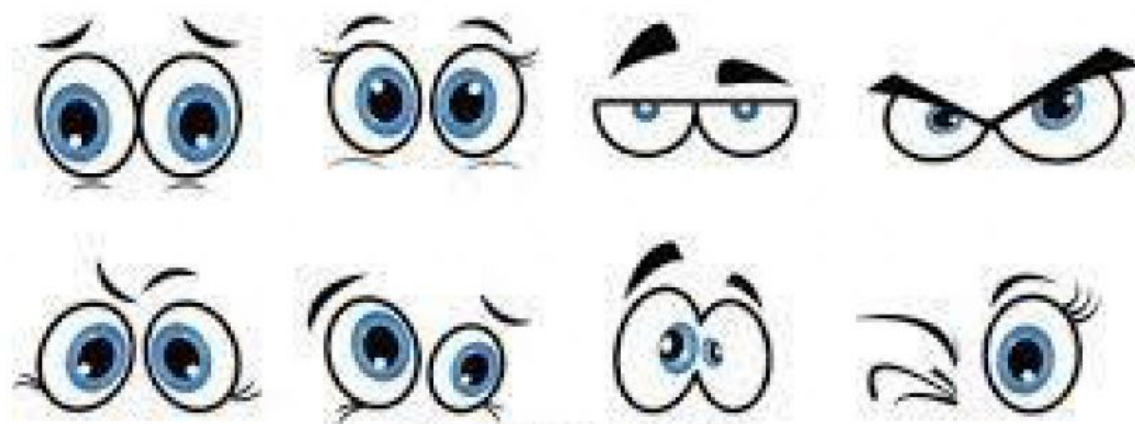
I am \_\_\_\_\_ years old.



My race is \_\_\_\_\_.



My skin tone is \_\_\_\_\_.



My eyes are \_\_\_\_\_.



The colour is \_\_\_\_\_.



I think my eyes are \_\_\_\_\_.



My hair type is \_\_\_\_\_.



My hairstyle is \_\_\_\_\_.



I think my hairstyle is \_\_\_\_\_.

**Rate** your levels on each personality trait.

**Write** your answers in the blanks.



Patience



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **patience** level.

---

Kindness



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **kindness** level.

## Responsibleness



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **responsibleness** level.

---

## Creativeness



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **creativeness** level.





Extrovert vs Introvert



Extrovert

A bit of both

Introvert

I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my introvert-extrovert spectrum  
level.