

FULLNAME:

Instruction: Type **AN** if it is Anorexia Nervosa, **BE** if it is Binge Eating Disorder, **BN** if it is Bulimia Nervosa, or **ARFID** if it is avoidant/restrictive food intake disorder.

1. No interest in either gaining or losing weight.
2. Inadequate food intake leading to a weight that is clearly too low.
3. Eating when not hungry, eating to the point of discomfort, or eating alone because of shame about the behavior.
4. Self-esteem is overly related to body image
5. Unexplained fear of choking or vomiting after eating food
6. Intense fear of weight gain, obsession with weight, and persistent behavior to prevent weight gain
7. Frequent episodes of consuming very large amount of food followed by behaviors to prevent weight gain, such as self-induced vomiting.
8. Frequent episodes of consuming very large amounts of food but without behaviors to prevent weight gain
9. Characterized by bingeing and purging
10. Aversion because of the smell, taste, texture, or color of food