

## UNIT 1D (B1) – CHECKING LISTENING

**2. a Listen to two friends, Katy and Pete, talking on the phone and answers these questions.**

1. What's Pete's problem?

- A. stressed out      B. can't sleep  
C. always tired      D. nervous      E. embarrassing

2. What does Katy recommend?

- A. regular exercise      B. sleep enough      C. drink a lot of water

3. What three suggestions does she make?

- A. running      B. hiking      C. baseball  
D. tennis      E. volleyball      F. watch TV

4. What does Pete decide to do?

5. Why doesn't he like the other suggestions?

- A. doesn't fancy fishing, not keen on hiking  
B. doesn't fancy running because doesn't like doing things on his own, not keen on hiking  
C. doesn't fancy running because doesn't like doing things on his own, not keen on camping

**2. b Listen again and match suggestions 1 – 4 with reasons a – g. Some suggestions match with more than one reason.**

1. I really recommend doing regular exercise.
2. What about running?
3. How about going hiking in the countryside?
4. Or why not try volleyball?

- a. You'll meet interesting people and have fun.
- b. It makes you feel better and it helps you sleep.
- c. Being in nature makes you feel happy.
- d. It's good for your health.
- e. Your social life will improve.
- f. You'll have more energy.
- g. You can do it on your own.