











1. Write the missing letters. AB. p. 15

<p>1  gl__ss__s</p>	<p>6  t__n</p>
<p>2  b__k__</p>	<p>7  __mbr__ll__</p>
<p>3  sh__s</p>	<p>8  sh__rt</p>
<p>4  c__mp__t__r</p>	<p>9  sw__ts</p>
<p>5  w__tch</p>	<p>10  c__t</p>

2. Listen and complete. Then Listen and check

We need...

Energy to \_\_\_\_\_ and \_\_\_\_\_, energy to play!

Energy to for sports and \_\_\_\_\_ energy all day!

\_\_\_\_\_ cereal, salad, rice,

Milk and \_\_\_\_\_ very nice!

Apples, oranges, \_\_\_\_\_, juice,

All these foods are good for you.

We've got...

Energy to \_\_\_\_\_ and \_\_\_\_\_, energy to play!

Energy for sports and \_\_\_\_\_, energy all day!