4. Complete the following paragraph with the words in the "Organising your ideas" box.

(1) _____ , using the computer as your hobby can be harmful to both your health and your social life.

(2)_____ , sitting all day in front of the computer can cause health problems such as eye-tiredness and obesity. (3) _____ , you may get irritated easily. (4)_____ , if you use the computer too much you won't have time for your family and friends. (5) _____ , computers should only be used for a limited time.