

We use adverbs of frequency with the present simple to talk about how often we do things.

never	rarely	sometimes	usually	always
0%				100%

Adverbs of frequency go before most verbs, but after the verb **be**.

*We usually sit here. They are always late.*

We don't use adverbs of frequency with the present continuous.

**Choose the correct sentence**

1) Never/go/on Saturdays/I/school	I never go to school on Saturdays.	1
	I never to school go on Saturdays.	2
	I on Saturdays never go to school.	3
2) the teachers / late / are / never	The teachers late are never.	1
	Never the teachers are late.	2
	The teachers are never late.	3
3) always/Dad/for a long time/ looks at the menu	Dad looks at the menu for a long time always.	1
	Dad always looks at the menu for a long time.	2
	Dad looks at the menu for a long time always.	3
4) Jack/his meal/finishes/always	Jack his meal finishes always.	1
	Jack always his meal finishes.	2
	Jack always finishes his meal.	3

5) isn't/ the meal / usually / very expensive.	The meal isn't usually expensive.	1
	The meal usually isn't expensive.	2
	The usually meal isn't expensive.	3
6) rarely / go to/ we / our local cinema.	We go rarely to our local cinema.	1
	We rarely go to our local cinema.	2
	We to our local cinema go rarely.	3
7) I / hungry / after football practice / usually / am	I'm usually after school hungry.	1
	I'm hungry after school usually.	2
	I'm usually hungry after school.	3
8) go to school/never/by car/I	I never go to school by car	1
	I go to school never by car.	2
	I never by car go to school.	3
9) at a café/we're eating/ today.	Today, at a café we are eating.	1
	Today, we at a café are eating.	2
	Today, we're eating at a café.	3
10) He/right now/’s watching TV	He's watching TV right now.	
	He, TV is watching right now.	
	He, right now is watching TV.	

