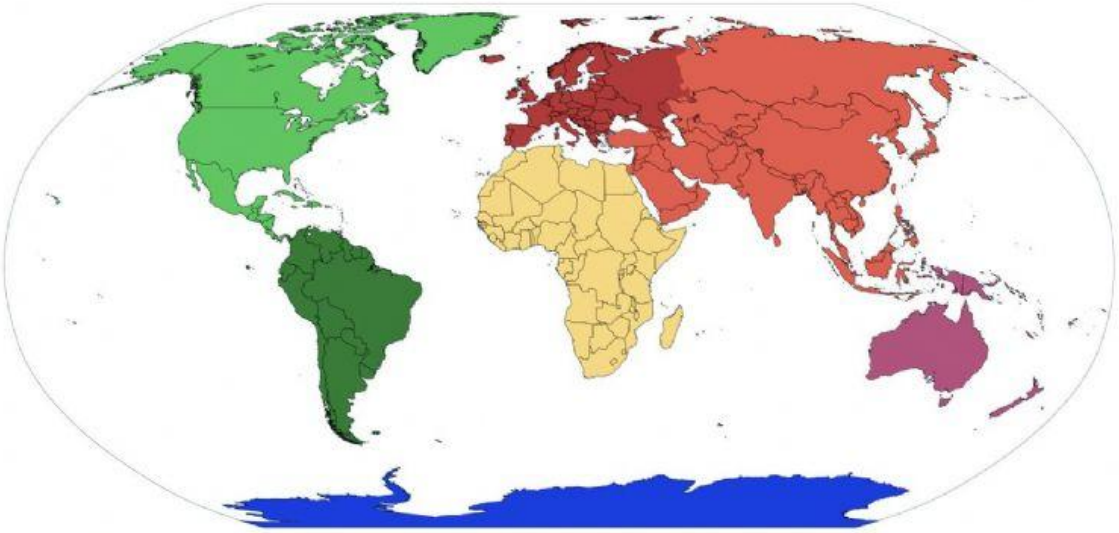
WHAT ARE THE NAMES OF THE CONTINENTS?

Write the names of the continents: Africa, Antarctica, Asia, Europe, North America, South America and Oceania.