

Name , surname :

Class / Number :

1. Write the correct words under the pictures. (1 point each.)

|            |             |               |           |            |            |           |
|------------|-------------|---------------|-----------|------------|------------|-----------|
| A. Jogging | B. Climbing | C. Draw       | D. Never  | E. Nature  | F. Wake up | G. Helmet |
| H. Diet    | I. Skiing   | J. Spectators | K. Injury | L. Usually | M. Team    | N. Medal  |



2. Match the sentences with their meanings. (2 points each.)

|   |   |
|---|---|
| 1. I'm sure you can achieve.  | A. Kır yürüyüşü rahatlatıcıdır.   |
| 2. Don't forget to take safety items with you.                                      | B. Takımımız oyunu kaybetti.  |
| 3. Some people are so ambitious and they always work hard to win.                   | C. Turnuvada başarılı olmak için sağlıklı yiyecekler yemeli ve erken uymalısın. |
| 4. You need to eat healthy food and sleep early to be successful in the tournament. | D. Bireysel sporlar bana sıkıcı gelir. Ben takım sporlarına ilgiliyim.          |
| 5. Hiking is relaxing.  | E. Yüzme sağlıklıdır ve seni formda tutar.                                      |
| 6. I have a lot of plans for the future.  | F. Güvenlik ekipmanlarını yanına almayı unutma.                                 |
| 7. Individual sports are boring to me. I'm interested in team sports.               | G. O sık sık erken uyar ve haftada üç defa antrenman yapar.                     |
| 8. She often sleeps early and trains three times a week.                            | H. Bazı insanlar çok hırslıdır ve kazanmak için sıkı çalışır.                   |
| 9. Our team lost the game.  | I. Başaracağımı eminim.   |
| 10. Swimming is healthy and it keeps you fit.                                       | J. Geleceğe dair bir sürü planım var.   |

1 2 3 4 5 6 7 8 9 10

3. Put the sentences into correct places of conversation. (4 points each.)

A- How can you achieve that?

B- can you tell us more about that, please?

C- What about eating habits?

D- What are your favourite daily routines?

E- What do you feel when you are running in front of a lot of people?

Çağhan: Hi, Nilay. Welcome to our show. Let me ask you the first question. 1- \_\_\_\_\_

Nilay: Hello, Çağhan. My day starts at 7.00 o'clock. I don't like sleeping too much. Waking up early makes me feel energetic and happy. After that, I have a healthy breakfast, read my favourite newspapers and go to the gym to train, because there is an important event at the end of the year for me.

Çağhan: Really! Everybody knows that you are a successful athlete, but 2- \_\_\_\_\_

Nilay: Sure. I'm preparing for the World Championship, and winning a gold medal is my ambition. So, I run day and night, try to keep fit and be careful about my habits.

Çağhan: Nice. By the way, you look so beautiful and young. 3- \_\_\_\_\_

Nilay: Haaa haa. Thank you so much. It is all about sports. If you try to do sports regularly, you get fitter and healthier. Keep moving and enjoy a better life by doing sports.

Çağhan: I see. 4- \_\_\_\_\_ Do you always go on a diet?

Nilay: No, never. Because, I seldom eat junk food or unhealthy food. Fruits and vegetable are my favourite.

Çağhan: Last question. 5- \_\_\_\_\_.

Nilay: It is like a dream. Thousands of spectators come and watch us. I feel like I'm flying when I see them. When you are successful, they applaud you like crazy, and this turns into the most important moment of my life. But, don't forget! You need to have dreams for the future, keep working and do whatever you can to get these dreams.

4. Write "IS" for "Indoor sports", "OS" for "Outdoor Sports" and "E" for "Equipments". (2 point each.)

1- Racket

2- Jogging

3- Helmet

4- Judo

5- Trekking

6- Knee pad

7- Archery

8- Table tennis

9- Swimsuit and goggles

10- Baseball

5. Match the words with the sentences. (2 points each.)

A- Boring

B- Walking sticks

C- Win

D- Hiking

E- Junk food

F- Spectators

G- Injury

H- Volleyball

I- Always

J- Sports

1- Trees, birds and the sky... That is the most relaxing sport. I love it.

2- Hamburgers, potato chips and the coke... These are what I have every day.

3- This is a team sport. There are two teams. We need a net and ball to play it.

4- If you do trekking, you need to have these equipments. They help you walk easily.

5- Oh my God!!! There are 87405 people here to watch me. I'm crying... Ühüüü ühüü.:)

6- Surfing, skateboarding, climbing, karate and cycling.

7- I'm so happy now. Our team scored three goals, but other team scored one goal.

8- You need to train every day. That is hard, but you should not forget. Every day, regularly.

9- Oh no! She broke her leg. That is terrible. She is crying from pain. Let's call an ambulance.

10- I feel sleepy when I do that sport. It is not exciting. I don't like it at all.

6. Circle the correct words. (1 point each.)

A. Swimming is a **team** / an individual sport. You need to have a swimsuit.

B. To be honest, I never eat fruits and **vegetable**. I need to **eat junk food** / go on a diet now!

C. **Ferit**: You can see the players playing this sport in a field. Each team has eleven players. They hit a ball with their feet to score a goal. They can not touch the ball with their hands. Can you guess this sport?

**Necmi**: It is so easy. This is **football** / **basketball**.

D. I'm not interested in winter sports, so I prefer doing **skiing** / **surfing**.

E. **Kardelen**: Do you have any future dreams?

**Lale**: Of course, I do. **Having a good breakfast** / **Winning a gold medal** is my goal.

F. **Gül**: **How often** / **Why** do you stay up late on weekday?

**Sümbül**: Never. I have an archery course every day, so I sleep early and wake up early.

## LET'S HAVE FUN

7. Guess the words and complete the puzzle.



1.



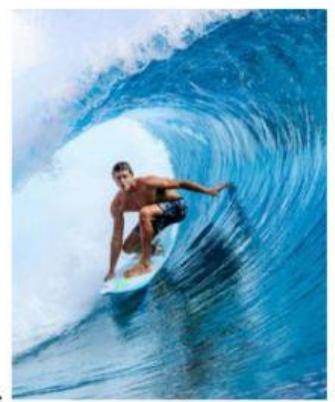
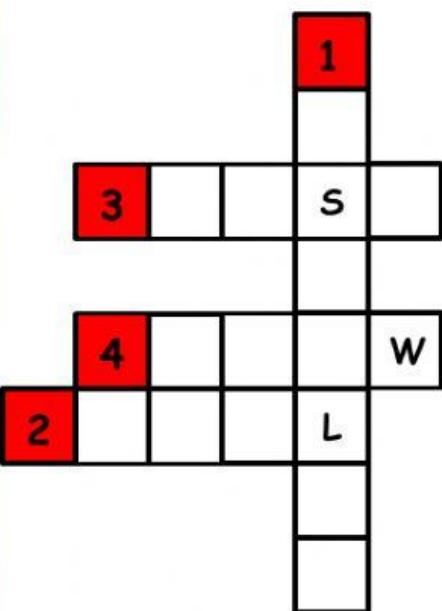
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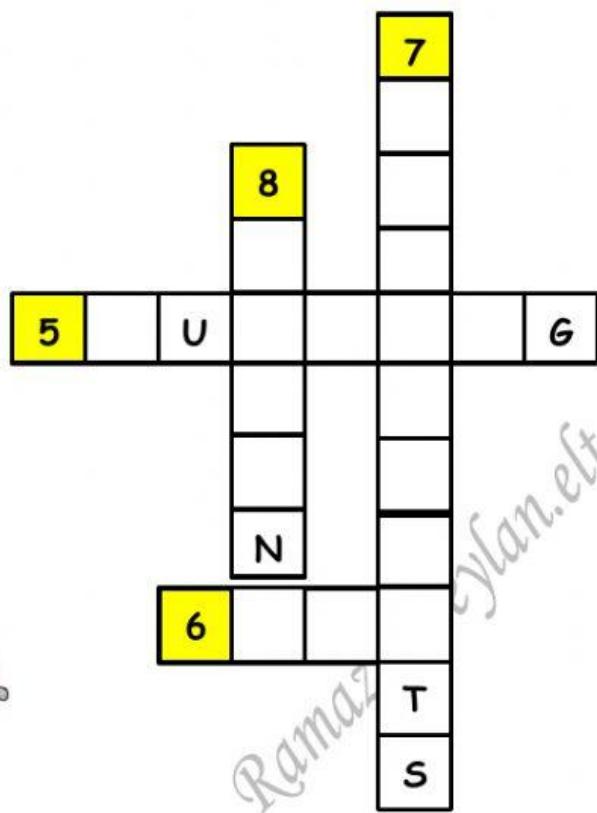
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8.