SKYLINE CENTER **Ms. Phuong Thao (0981.797.240)** **Class: SK9A** - **Date: 07/10/2021**

Name: _____

UNIT 3

I. Choose the best answer among A, B, C, or D.

1. _____ people can make themselves do things even when they do not want to.
A. delighted B. self-disciplined (tự rèn luyện) C. confident D. embarrassed

2. I'm not _____ enough to speak in front of many people.
A. embarrassed B. delighted C. confident D. worried

3. We will be very _____ if you go out with us.
A. frustrated B. left out C. happy D. calm

4. She felt _____ at the party because nobody talked to her.
A. left out (bị bỏ rơi) B. depressed C. calm D. delighted

5. She has failed her driving test for three times. She feels _____now.
A. depressed B. worried C. stressed D. calm

6. It is difficult for me to feel _____ when I'm studying for exams.
A. worried B. relaxed C. embarrassed D. frustrated

7. During _____ , children need their parents' help more than ever.
A. adolesence B. children C. kids D. students

8. She has failed her driving test for three times. She feels _____now.
A. depressed B. worried C. stressed D. calm

9. Hoa said she was very _____ and she didn't want to go to the cinema with us.
A. quick B. fast C. smoothly D. tired

10. On the way home yesterday, his bicycle broke down so he felt very_____.
A. excited B. delighted C. confident D. frustrated

11. .Adolescence is the period _____ child and young adulthood
a. for b.between c.and d.from

12. My mother is a strong person. She stays_____ even in the worst situations
a.calm b.healthy c.tense d.confident

13. The girls are making fun ____ me so I'm very embarrassed
a.to b.for c.with d.of

14. His father wants him to get the_____ score in this exam
a. high b.higher c.highest d.as high as

15 Physical changes are different for every, so you don't need to feel embarrased or_____
a.frustrated b.tense c.confident d.delighted

16. On the way home yesterday, his bicycle broke down so he felt very_____.
A. excited B. delighted C. confident D. frustrated

18. **III. Put the given words into the right group.** Điền số theo thứ tự

worried 1 depressed 2 calm 3 left out 4 delighted 5 happy 6
relaxed 7 confident 8 embarrassed 9 frustrated 10 sad 11

Positive feelings (Cảm xúc tích cực)	Negative feelings (Cảm xúc tiêu cực)

LIVEWORKSHEETS

III. Read the text and then choose the best answer A, B, C or D.

In Britain some families feel that learning at home is better than going to school. Home schooled children can choose when they want to learn. Does this sound more enjoyable than school?

Andrian is an artist and he wants to start university by the age of fourteen. He finds school lessons easier than the ones he expects but making friends is more difficult. At home he can spend more time on his favourite subjects and is preparing to take many of his exams early. Does he ever take a break? "Yes", he says "I don't study subjects I'm not interested in."

Holly's parents weren't happy with the local school. So they made a decision to teach her at home. Her favourite is history and she often goes to museums to study. "I couldn't do that before", she says. "This is more interesting than school was". Her parents are always happy to help her.

Andrian and Holly love learning at home, but some people think that studying at school is more useful because it trains you for adult life. It teaches you to be with people you don't like, but it can also help you to make friends. Are these things more important than lessons? What do you think?

1. In Britain, people can learn at home or_____ .
A. at school B. at work C. at the museum D. at break
2. Andrian wants to start_____ when he's 14.
A. school B. subjects C. lessons D. university
3. He finds school lessons that he _____.
A. is interested in B. isn't happy with
C. feels easy D. feels difficult
4. History is Holly's_____.
A. favourite test B. favourite subject
C. boring subject D. only one subject
5. Why do some people think studying at school is_____ ?
A. more easy B. more useful
C. stressful D. a waste of time

II. Match the source of stress and pressure to the expression by typing 1, 2, 3, 4, or 5 in the blank.

1. School pressure and frustrations
2. Physical changes
3. Unsafe living environment
4. Negative feeling about themselves
5. Having too high expectations

_____ "I'm really stressed out! I've had three sleepless nights thinking about my exam."

____ "I am afraid of looking at myself in the mirror. Recently, my face has been full of small pimples and acne. It looks so ugly. AND some friends are making fun of me! I'm so embarrassed."

____ "Why am I so stupid? I don't think I can improve my English skills."

_____ "Lately, there have been some robberies in my neighborhood. Hence, I feel worried when I have to walk home alone after my evening class."

_____ "I must get the highest score in this contest. I must win first prize."

LIVEWORKSHEETS