

UNIT 2. YOUR BODY AND YOU – LISTENING

TASK 1. Listen and choose the best answer to each question:

1. There are several topics in this short discussion, what is the main topic?
 - A. Exercising
 - B. Eating
 - C. Sleeping
 - D. Health
2. How many hours is one person recommending to sleep?
 - A. 7 hours
 - B. 8 hours
 - C. 10 hours
 - D. 12 hours
3. Why did Mike start exercising?
 - A. To burn off fat
 - B. A girl he likes joined the local gym
 - C. Because he was bored
 - D. To improve his health
4. When you get old, Mike recommends that you want to be what?
 - A. Handsome and tall
 - B. Smart and successful
 - C. Healthy and active
 - D. Rich and independent

TASK 2.

Listen to some information about a health centre and fill NO MORE THAN TWO WORDS in each blank.



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|--------------------------------|--------------------------|
| Open again tomorrow | 8AM |
| Phone number (for appointment) | (1) _____ |
| Phone after: | (2) _____ |
| Get medicines from: | (3) _____ Chemist's shop |
| Bus number: | (4) _____ |
| For accidents, go to | (5) _____ |