

## UNIT 2. YOUR BODY AND YOU – LISTENING

### TASK 1. Listen and choose the best answer to each question:

1. There are several topics in this short discussion, what is the main topic?
  - A. Exercising
  - B. Eating
  - C. Sleeping
  - D. Health
2. How many hours is one person recommending to sleep?
  - A. 7 hours
  - B. 8 hours
  - C. 10 hours
  - D. 12 hours
3. Why did Mike start exercising?
  - A. To burn off fat
  - B. A girl he likes joined the local gym
  - C. Because he was bored
  - D. To improve his health
4. When you get old, Mike recommends that you want to be what?
  - A. Handsome and tall
  - B. Smart and successful
  - C. Healthy and active
  - D. Rich and independent

### TASK 2.

Listen to some information about a health centre and fill NO MORE THAN TWO WORDS in each blank.



Open again tomorrow	8AM
Phone number (for appointment)	(1) _____
Phone after:	(2) _____
Get medicines from:	(3) _____ Chemist's shop
Bus number:	(4) _____
For accidents, go to	(5) _____