

EXERCISE UNIT 2: MY HOBBIES

I. Choose the best answer (A, B, C or D).

1. Do you believe that eating _____ carrots helps you see at night.
A. most B. less C. the most D. more
2. Don't eat that type of fish, you may have a/an _____.
A. energy B. sick C. sore D. allergy
3. The seafood I ate this morning makes me feel _____ all over.
A. well B. weak C. itchy D. running
4. We should try to keep everything around us clean and then flu will find it _____ to spread.
A. difficult B. difficulty C. difficulties D. like
5. The health _____ from that diet expert is that the expert is that you should eat less junk food and count your calories if you are becoming fat.
A. advices B. ideas C. tip D. tips
6. Be careful with _____ you eat and drink.
A. who B. what C. that D. this
7. Have a health _____ and you can enjoy your life.
A. lives B. lifestyle C. lifeline D. lively
8. Eating a lot of junk food may lead to your _____.
A. fitness B. obesity C. pain D. stomachache
9. We should follow the activities from doctors and health _____ in order to keep fit.
A. workers B. people C. experts D. managers
10. You can avoid some diseases by _____ yourself clean.
A. taking B. keeping C. bringing D. looking
11. We should play sports or do exercise in order to stay in _____.
A. look B. health C. fit D. shape
12. The Japanese eat a lot of fish instead of meat _____ they stay more healthy.
A. because B. so C. although D. but
13. I forgot to wear a sun hat today and I got a _____.

- A. earache B. backache C. headache D. stomachache
14. We need to spend less time _____ computer games.
A. play B. to play C. playing D. to playing
15. When you have a temperature, you should drink more water and rest _____.
A. more B. most C. less D. all
16. Rob eats a lot of fast food and he _____ on a lot of weight.
A. takes B. spends C. puts D. bring
17. When you have flu, you may have a cough and a _____ nose.
A. running B. runny C. noisy D. flowing
18. Do more exercises _____ eat more fruits and vegetables.
A. and B. or C. but D. so
19. Watching too much TV is not good _____ you or your eyes.
A. at B. for C. with D. to
20. After working on a computer for long hours, you should _____ your eyes and relax.
A. wake B. rest C. sleep D. sleep in

II. Complete the sentences with the correct preposition.

flu	toothache	backache	earache
sore throat	cough	stomachache	headache

- _____ : a pain in your stomach
- _____ : a pain caused by something being wrong with one of your teeth.
- _____ : a very severe pain that you feel in your head.
- _____ : a pain in your back.
- _____ : a health problem that you make a lot of loud sounds.
- _____ : a pain in your throat.
- _____ : a problem which is like a very bad cold, but which causes a temperature.
- _____ : a pain in the inside part of your ear.

III. Complete the sentences with the correct conjunction (*and, or, so, but*)

1. Watch less television _____ you can protect your eyes.
2. He has toothache _____ he still eats a lot of sweets and cakes.
3. The weather is very cold today _____ I should put on a coat.
4. Get up early _____ do more exercise.
5. Take up a new hobby _____ you'll have some new friends.
6. I have a lot of homework to do this evening _____ I don't have time to watch the football match.

