Read the passage below.

Parkour was created by two bored adolescents in Paris during the 80s who enjoyed climbing, running and jumping. Slowly, their activities developed into a sport. It is a sport which can improve physical fitness and also way of thinking. Furthermore, it will enable you to control your mind and overcome your fear. However, it is not a competitive sport as there are no opponents. It is a sport that deals with overcoming obstacles. In addition, no equipment is needed but it is advisable to wear appropriate shoes and clothes. There is no specific venue for this sport. Nevertheless, parks, playgrounds and shopping malls are popular places to practice parkour. This sport is becoming more popular, even among the non-sporty kids.

LIVEWORKSHEETS

Complete the passage below with suitable words.

Parkour was _____ by two bored _____ in Paris during the 80s who _____ climbing, running and jumping. _____, their activities _____ into a sport. It is a sport which can _____ physical fitness and also way of thinking. Furthermore, it will enable you to _____ your mind and overcome your fear. However, it is not a competitive _____ as there are no opponents. It is a sport that deals with overcoming _____. In addition, no equipment is needed but it is advisable to wear _____ shoes and clothes. There is no _____ venue for this sport. Nevertheless, parks, playgrounds and shopping malls are popular _____ to practice parkour. This sport is becoming more popular, even among the non-sporty _____.

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