

Discovering My Identity/Mary and Martha

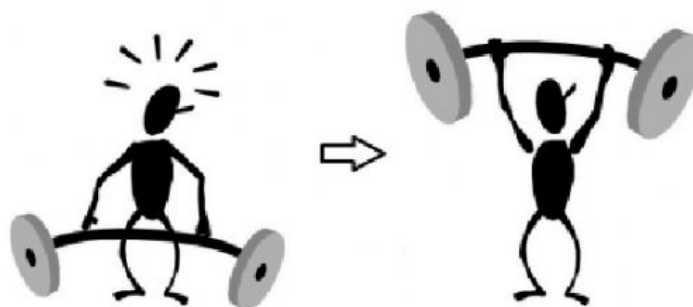
In order to discover one's purpose, an individual must first get to know him or herself. Each individual possesses qualities or characteristics that are unique to him or her. A person may be described as being loving, caring or cooperative. These are examples of **personal qualities**.

It is important to know yourself because it helps to define your identity. When you know yourself, then you are able to make better decisions about life, set and achieve goals and become successful in friendships and relationships.

Two biblical characters with distinct personalities are Mary and Martha. Mary and Martha were sisters and friends of Jesus. When Jesus came to visit, Martha got hot, flustered and angry as she prepared the meal. Mary on the other hand, remained calm and peaceful as she sat at Jesus' feet and listened to him. Because Mary remained calm, she made the best decision. The disciples Peter and John can also be compared.



Each individual is special with various strengths and weaknesses. Someone might have excellent mathematical skills but weak language skills. Another person might have good social skills but weak athletic skills. We should examine our strengths and weaknesses so that we could make good choices.



Name: _____

Date: _____

Write TRUE or FALSE next to each statement.

1. Mary and Martha were cousins. _____
2. Everyone has the same strengths and weaknesses. _____
3. Mary was calm and sat at Jesus' feet. _____
4. Martha did all the work. _____

Use the chart below to list ONE of your strength and weakness. Write one way that you can use one of your strengths to help others. Write one way you can overcome one of your weakness.

Strengths	Weaknesses
	
I can help others by 	I will overcome my weakness by