Identifying Reflexive and Intensive Pronouns

Underline the intensive and reflexive pronouns in each of the following sentences. In the blanks provided, indicate whether the underlined pronouns are reflexive or intensive.

1. Martha told us to help ourselves to the cold cans of soda.

2. After the successful mission, the astronauts themselves were relieved.

3. You can either cut the grass yourself or ask your sister to do it.

4. In gratitude, I myself donated money to the worthwhile charity.

5. Not a fan of tofu, Kendra forced herself to eat the vegetarian meal.

6. Truthfully, only you yourselves are responsible for the difficult situation.

7. Surprisingly, the president himself took his dog for a walk.

8. Perfectionists, Randall and Peter surpassed themselves on the latest project.

9. Every morning I must remind myself to take a multivitamin.

10. The sight of the tornado itself caused us to seek immediate shelter.

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Understanding Reflexive and Intensive Pronouns

Complete each of the following sentences with the correct reflexive or intensive pronoun. Then identify the pronoun as either reflexive or intensive.

Example

Can you believe Leah locked _____ out of the house? (herself, reflexive)

1. I would rather take care of the problem _____.

2. We really hope that you both enjoy _____ at the county fair.

3. The exam _____ should not take more than an hour to complete.

4. After stepping onto the podium, the athletes _____ accepted the medals.

5. With a blunt demeanor, Jerry _____ often creates many problems.

6. Somehow, the lost cat found the way back home all by _____.

7. My sister and I _____ will undertake the long, arduous journey.

8. Jim and Aaron volunteered to set up the soundstage _____.

9. Let's keep the party a secret between _____.

10. Should you _____ need help, please do not hesitate to call.

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Using Reflexive and Intensive Pronouns in Your Writing

Write a paragraph about a problem you and someone else recently solved. Describe the problem and the steps you took to find the solution. Correctly use at least five examples of reflexive and intensive pronouns in your paragraph.

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