

**Combine the sentences, using an appropriate coordinating conjunction in the box.**

**and          but          or          so**

1. I eat more fruit and vegetables. I want to be fitter and healthier. (so)

2. You have a sunburn. You don't wear a sun hat. (but)

3. You may have an allergy. Be careful with what you eat and drink. (or)

4. Tom has a temperature. Tom has a sore throat. (and)

5. You are catching flu. You don't wash your hands very often. (so)

**Fill each blank with a correct word to complete the passage.**

Do you want to be fitter and healthier? Would you like to look younger? Do you want to feel \_\_\_\_\_ (1) relaxed? Then try a few days at a health farm. Health farms are becoming \_\_\_\_\_ (2) of the most popular places \_\_\_\_\_ (3) a short break. I went to Henley Manor for a weekend. It's \_\_\_\_\_ (4) largest health farm in the country \_\_\_\_\_ (5) it isn't the most expensive. After two days of exercise I \_\_\_\_\_ (6) ten times better. But the best thing for me was the food. It was all very healthy, of \_\_\_\_\_ (7), but it was excellent, too!

If you're looking for something a \_\_\_\_\_ (8) cheaper, try a winter break. Winter is the darkest and the coldest \_\_\_\_\_ (9) of the year, and it can also be the worst time for your body. We all eat too \_\_\_\_\_ (10) and we don't take enough exercise. A lot of health farms offer lower prices Monday to Friday from November to March.

