

Read the text and choose the right option to complete the sentences.

Dental Examinations

Teeth are an important part of any holiday celebration. After all, it's difficult to enjoy a meal without them. So, let's talk about dental health.

Dentists say people should have their mouth examined every six months to make sure their teeth are healthy. But dentists look for more than holes in teeth and problems with the gums (десны). Examinations are also important because they can show medical problems in other parts of the body. For example, a dentist can

see in a patient's mouth the beginning of diseases such as measles (корь) or mumps (свинка). The doctor can also diagnose diabetes. And a person whose gums are too red may not get enough vitamin D. It may cause a disease called rickets (рахит).

Experts say early signs of more than forty health problems can be seen in a person's mouth or on the tongue. These include the deadly disease AIDS and a lack of many different vitamins. When dentists recognize possible signs of a disease, they send the patients for medical tests, or to a doctor for treatment. Some dentists organize programs to help people to stop smoking. Smoking cigarettes can cause mouth, lung and throat cancer. Finally, as any dentist will tell you, teeth need daily care. This means not only brushing them, but also using dental floss (зубная нить) to prevent gum infections.

1. Scientists recommend to plan checking teeth____.

1. every half a year
2. every month
3. six times a year

2. Dental health____.

1. helps to enjoy life
2. is vital for teenagers
3. is a subject at some elementary schools

3. Teeth examination is important____.

1. especially for young people
2. because it can help to diagnose different diseases
3. only for dental health

4. If your body needs more vitamin D,____

1. you have serious teeth problems
2. you should see the dentist more often
3. your gums are of bright red colour

5. Specialists can see ____in your mouth or on your tongue

1. lots of microbes
2. symptoms of many illnesses
3. when you got the first tooth

6. When dentists see the symptoms of some disease,____.

1. they recommend the patient to see a specialist
2. they prescribe some medicine
3. they recommend to have plenty of water

7. Smoking provokes____.

1. teeth problems
2. measles and mumps
3. mouth and lungs diseases

8. Daily teeth care includes____.

1. brushing them in the morning
2. brushing them in the morning and in the evening
3. brushing them and using dental floss