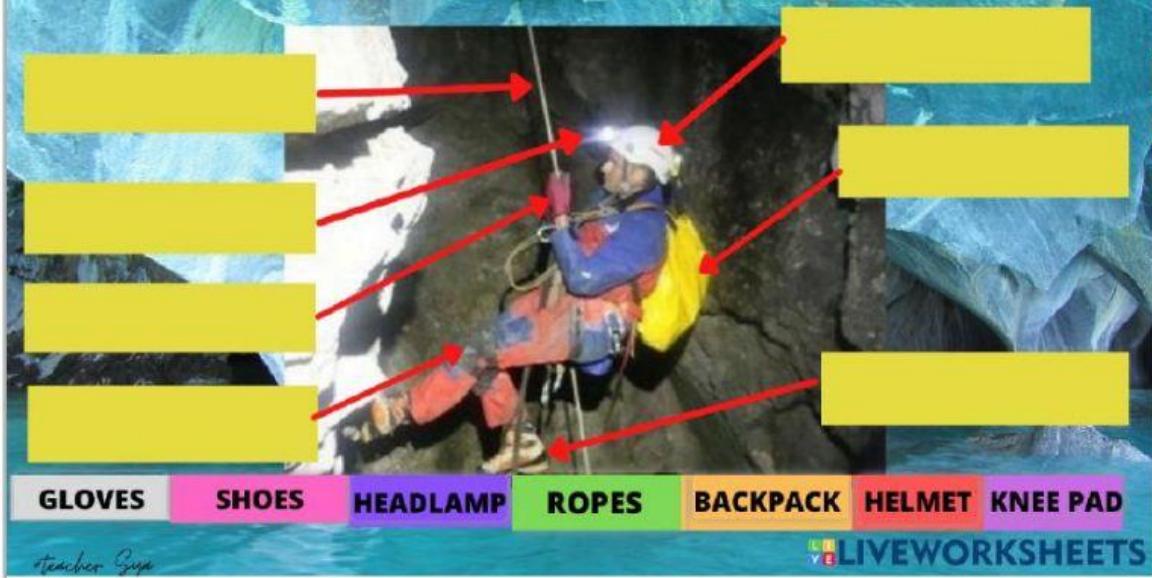


8 Time to Spare



8 Young Adventurers

PRE-LESSON ACTIVITY: LABELLING THE CAVING EQUIPMENT



teacher Giga

LIVEWORKSHEETS

While you watch

B Watch the video and circle the words you hear.

- 1 But this is no **ordinary** / **normal** camping trip.
- 2 Using ropes to rappel into the cave is the only real **choice** / **option** for going underground.
- 3 Lights and warm clothes are both **necessities** / **requirements** for the cavers.
- 4 After only a few feet, they're at a very tight spot called 'the chimney'. It's a **fall** / **drop** of nine metres.
- 5 But she says, in the cave, everyone **encourages** / **supports** each other.
- 6 Nature is **better** / **bigger** than we are, and it will be here, the caves will be here, even if we aren't.

After you watch

C Complete the summary of the video below using these words.

choice confidence descend exhilarating huge narrow techniques underground

Jessica Fagan has been caving since she was very young. She learnt many of her caving (1) _____ from her father, Joey, an experienced caver. Today, Jessica and her fellow Girl Scout cavers have decided to (2) _____ into a difficult cave in the hills of Virginia.

To get access to the cave, the girls use ropes to gently lower themselves through the cave entrance. Once (3) _____, the girls continue on through the tunnels. Sometimes the only (4) _____ the girls have is to squeeze their way through the (5) _____ passages on their hands and knees. It can be a frightening experience, which is why Jessica feels that (6) _____, not strength, is the main requirement for being a caver. Eventually the girls arrive at a(n) (7) _____ 18-metre waterfall, a(n) (8) _____ sight at the end of their long journey.