Lesson: 3

Technology in our lives

Technology is the application of tools and methods of applying technical knowledge.

Technology has always impacted human life, but today's children live in a world in which technology is changing very quickly and affecting so many areas of their lives e.g.

Education: computers, internet, TV, radio, video, CD and DVD players, etc

Communication: cell phones, telephones, computers, text messages, iPods, etc.

Entertainment: TV, radio, video, CD and DVD players, etc.

Family Living: appliances, equipment, automobiles, etc.

While no technology is good or bad in and of itself, every new technology poses moral choices. How technology is used can have a positive or negative effect on one's development.

Children need to make healthy decisions about whether to use these technologies in ways that will help them grow and develop into healthy, productive citizens

Guidelines for Safe Use of Technology:
- Balance the time spent in using technology with wholesome activities, e.g. reading, gardening, sports, etc.
- Exercise common sense to evaluate products advertised on the internet
- Avoid talking to people who they don't know in chat rooms or on the internet
- Use the internet for constructive purposes instead of surfing the net
- Exercise precaution when viewing various technology devices, e.g. imitating what athletes and superstars in magazines and on TV do. These actions can result in unhealthy behaviours and can harm the body.
-Internet usage can expose you to identity theft, abductions, rape or death.
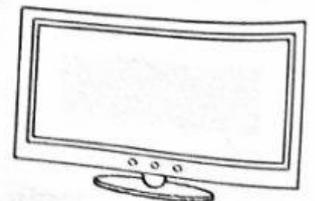
Compare technology used today in the past.
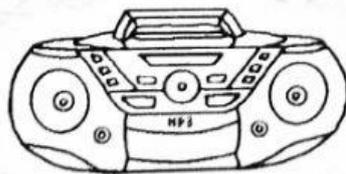
Gramophone   MP3   television

Date: _____

1. Compile a list of new technologies that you have experienced in your lifetime.

_____   _____
_____   _____
_____   _____

2. Define the term technology.

_____
_____

3. Write the correct name for each device

| iphone | ipad-mp3 | camera | flip phone | laptop | camera |

_____   _____   _____

_____   _____   _____

9