

- 1.1 Complete the table with words from A and B opposite. The first one has been done for you.

Noun	Adjective
fitness	fit
health	
illness	
sickness	

- 1.2 Make word combinations using a word from each box. Look at B and C opposite to help you.

complete	sickness
feel	health
get	remission
poor	sick
travel	over

- 1.3 Complete the conversation. Look at B opposite to help you.

Doctor: How are you feeling today?
 Patient: Not very (1)
 Doctor: How long have you been feeling (2) ?
 Patient: About a week.
 Doctor: What is your (3) like normally?
 Patient: Very good. I'm usually quite (4) and (5)
 Doctor: What is the problem now?
 Patient: It's my stomach.
 Doctor: Do you feel (6) ?
 Patient: Yes.
 Doctor: Have you actually been (7) ?
 Patient: No.
 Doctor: Have you had any serious (8) in the past?
 Patient: No, none at all.

- 1.4 Choose the correct word to complete each sentence. Look at B and C opposite to help you.

- Her condition (deteriorated/improved) and she died.
- He (relapsed/recovered) and was allowed to go home from hospital.
- The cause of sleeping (illness/sickness) was discovered in 1901.
- The patient made a full (remission/recovery).
- I have been in (poor/good) health for months and feel very fit.
- It was a month before I (got over / got better) the illness.
- He seems to be rather (unhealthy/unwell) – his diet is bad and he never exercises.

Over to you



What advice do you give people for keeping fit and well?