

Part 1: Listening

Listen and fill in the blank with a word or phrase.

1. Some of you are probably fantastic at studying, really organised and good at _____.
2. It's a good idea to have some kind of plan or _____.
3. If you're studying for an important exam, it's important to think _____.
4. Make sure the place where you're going to study is _____, with no dis-tracting noises.
5. If you have to work near a TV, you might have to use _____ to drown out the sound of the TV.

Part 2: Pronunciation

Choose the letter A, B, C or D to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

1. A. sister B. grocery C. family D. wife
2. A. allergy B. imagine C. sugar D. oxygen
3. A. skull B. pump C. duty D. lung

Choose the letter A, B, C or D to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

1. A. household B. inspire C. compound D. ailment
2. A. breadwinner B. allergy C. digestive D. benefit

Part 3: Vocabulary and grammar

Choose the letter A, B, C or D to indicate the correct answer to each of the following questions.

1. This system of the body is _____ up of our bones.
A. made B. taken C. done D. got
2. Blood is pumped through the _____ to bring oxygen to all parts of the body.
A. brain B. heart C. digestive D. skeletal
3. Ms Lan likes wearing casual clothes, but today she _____ "ao dai".
A. wears B. is wearing C. takes off D. is taking off
4. If your diet lacks of calcium, your bones and teeth _____ unhealthy.
A. will be B. are not C. are going to be D. is going to be
5. I think staying _____ late is not good since it makes us feel tired the next morning.
A. on B. in C. for D. up
6. The husband should share household chores with his wife because it will create a _____ atmosphere.

A. negative B. vulnerable C. positive D. dark

7. Do you have to do _____?

A. the mess B. your bed C. the washing-up D. the cook

8. "I've decided to repaint this room." - "What colour _____ it?"

A. you will paint B. you are going to paint
C. are you going to paint D. will you paint

Choose the underlined part that needs correcting.

9. Look at those black clouds! It is going to raining.

10. Acupuncture is one of the oldest medical treatment in the world.

Part 4: Reading

Choose the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.

Like many families in Vietnam, my family has some rules. For one thing, all family members have to (1) _____ the household chores. For instance, my mother usually does the shopping and cooks while my father (2) _____ the laundry. My brother (3) _____ the floor and I have to wash the dishes. Another rule is that we always have dinner together. Moreover, whenever my brother and I (4) _____ out with our friends, we are not allowed to come home later than 9. 30 p. m. If we don't follow these rules, we will (5)_____.

- | | | | | |
|----|----------------|-----------|----------------|-----------------|
| 1. | A. take | B. make | C. find | D. share |
| 2. | A. does | B. did | C. washed | D. wash |
| 3. | A. is cleaning | B. cleans | C. doing | D. does |
| 4. | A. make | B. see | C. go | D. take |
| 5. | A. punishing | B. punish | C. be punished | D. be punishing |

Read the passage below and choose the letter A, B, C, or D to indicate the correct answer to each question.

The food we eat seems to have profound effects on our health. Although science has made enormous steps in making food more fit to eat, it has, at the same time, made many foods unfit to eat. Some research has shown that perhaps eighty percent of all human illnesses are related to diet and forty percent of cancer is related to the diet as well, especially cancer of the colon. People of different cultures are more prone to contract certain illnesses because of the characteristic foods they consume.

That food is related to illness is not a new discovery. In 1945, government researchers realized that nitrates and nitrites (commonly used to preserve color in meat) as well as other food additives caused cancer. Yet, **these** carcinogenic additives remain in our food, and it becomes more difficult all the time to know which ingredients on the packaging labels of processed food are helpful or harmful. The additives that we eat are not all so direct. Farmers often give penicillin to cattle and poultry, and because of this, penicillin has been found in the milk of treated cows.

Sometimes similar drugs are administered to animals not for medicinal purposes, but for financial reasons. The farmers are simply trying to fatten the animals in order to obtain a higher price on the market. Although the Food and Drug Administration (FDA) has tried repeatedly to control these procedures, the practices continue.

A healthy diet is directly related to good health. Often we are unaware of detrimental substances we ingest. Sometimes well-meaning farmers or others who do not realize the consequences add these substances to food without our knowledge.

6. What are nitrates used for?

- A. They preserve flavor in packaged foods.
- B. They preserve the colour of meat.
- C. They are the objects of research.
- D. They cause the animals to become fatter.

7. The word "**these**" refers to _____.

- A. meats
- B. colors
- C. researchers
- D. nitrates and nitrites

8. All of the following statements are true EXCEPT _____.

- A. Drugs are always given to animals for medical reasons
- B. Some of the additives in our food are added to the food itself and some are given to the living animals
- C. Researchers have known about the potential hazards of food additives for more than forty-five years
- D. Food may cause forty percent of the cancer in the world

9. The word "**fit**" is closest in meaning to _____.

- A. athletic
- B. suitable
- C. tasty
- D. adaptable

10. What is the best title for this passage?

- A. Harmful and Harmless Substances in Food.
- B. Improving Health through a Natural Diet.
- C. The Food You Eat Can Affect Your Health.
- D. Avoiding Injurious Substances in Food.

Part 5: Writing

Rearrange the words / phrases to make meaningful sentences:

1. to do going this What summer are holiday? You

2. is a that It scientists will this soon discover new treatment believed for disease.

3. many is How our atoms body made up of ?

4. was stressful. seriously whenever stomach was he His hurt

5. into converted system. is energy the Food digestive in
