Milk Types

Identify categories each of the follow milk fall under by used **R** = Regular milk products, **F** = Fermented milk products and **S** = Substitute milk products in the spaces provided.

1. Whole milk_____
2. Kefir _____
3. Oat Milk_____
4. Non-fat dry milk_____
5. Koumiss_____
6. Flavoured milk_____
7. Acidophilus milk_____
8. Cashew Milk_____
9. Lactose-free milk_____
10. Reduced-fat milk_____
11. Low-fat milk_____
12. Hemp Milk_____
13. Buttermilk_____
14. Soy Milk_____
15. Coconut Milk_____
16. Rice Milk_____
17. Macadamia Milk_____
18. Sweetened condensed_____
19. Chocolate milk_____
20. Sour cream_____
21. Quinoa Milk_____
22. Evaporated milk_____
23. Yogurt_____
24. Almond Milk_____
25. Fat-free / Skim milk_____
26. Calcium-enriched milk_____

LIVEWORKSHEETS