

LISTEN, NUMBER AND WRITE. The first is made for you.



drink water

eat well

wash my hands

sleep well do exercise play with my friends

LISTEN AND COMPLETE THE INFORMATION. LOOK AT THE EXAMPLE.

ROUTINE	YES/NO		HOW OFTEN?	
1. make breakfast	Yes	No	Always Usually	Sometimes Never
2. take the school bus	yes	No	Always Usually	Sometimes Never
3. have lunch at school	Yes	No	Always Usually	Sometimes Never
4. do homework	Yes	No	Always Usually	Sometimes Never
5. go to sleep	Yes	No	What time?	