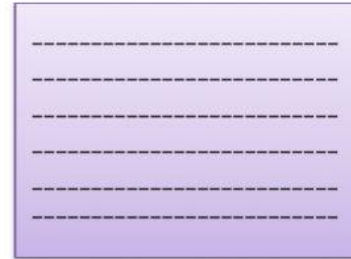
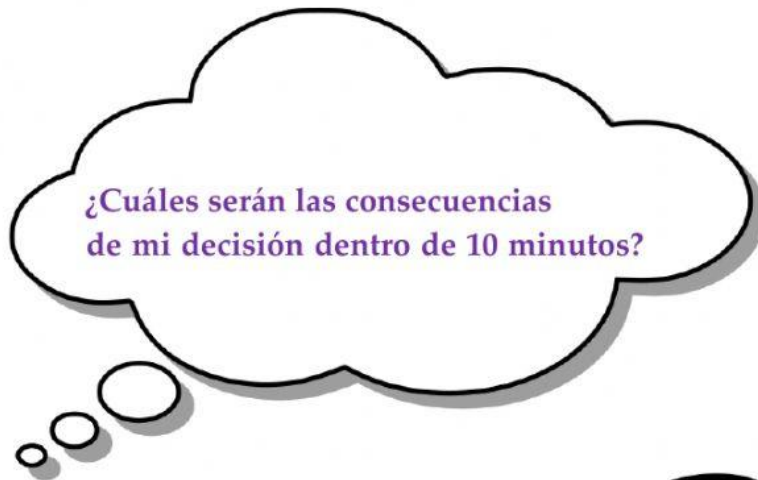
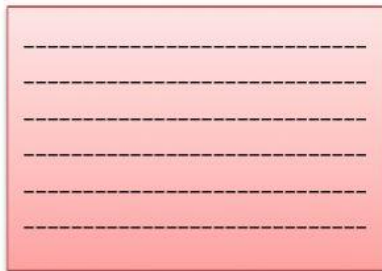
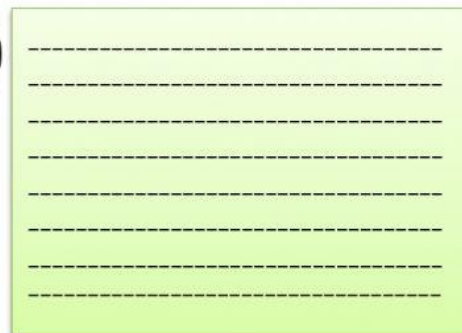


# Técnica del 10-10-10

A purple rectangular box with five horizontal dashed lines for writing.A pink rectangular box with five horizontal dashed lines for writing.A light green rectangular box with five horizontal dashed lines for writing.

La técnica del 10 es una estrategia muy eficiente a la hora la toma de decisiones, ya que nos permite por medio de 3 preguntas visualizar y centrar nuestras prioridades a futuro.

