



## Stuck in a Moment



Listen to the song and fill the gaps with the words you hear.  
Let rhymes (= same sound) help you!

I'm not afraid of anything in this .....  
There's nothing you can throw at me  
That I haven't already heard  
I'm just trying to find a decent .....  
A song that I can sing in my own company  
I never thought you were a .....  
But darling, look at you  
You gotta stand up straight, carry your own  
weight  
These tears are going nowhere, baby

*You've got to get yourself together  
You've got stuck in a moment  
And now you can't get out of it  
Don't say that later will be better  
Now you're stuck in a moment  
And you can't get out of it*

I will not forsake, the colors that you bring  
But the nights you filled with fireworks, they  
They left you with .....  
I am still enchanted by the light you brought to  
me  
I listen through your .....  
And through your ..... I can see  
And you are such a fool  
To ..... like you do, oh oh  
I know it's tough  
And you can never get enough  
Of what you don't really ..... now, my  
oh my

*You've got to get yourself together  
You've got stuck in a moment  
And now you can't get out of it  
Oh love, look at you now  
You've got yourself stuck in a moment  
And now you can't get out of it*

I was unconscious, half asleep  
The water is warm till you discover how .....  
I wasn't jumping, for me it was a fall  
It's a long way down to nothing at .....

*You've got to get yourself together  
You've got stuck in a moment  
And now you can't get out of it  
Don't say that later will be better  
Now you're stuck in a moment  
And you can't get out of it*

And if the night runs over  
And if the day won't last  
And if our way should falter  
Along the stony pass

And if, and if the night runs over  
And if the day won't last  
And if your way should falter  
Along the stony pass  
It's just a moment, this time will pass

Now look at the lyrics again. Can you guess the meaning of the underlined phrases? Match the phrasal verbs and other phrases to their definition on the right.

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|--------------------------------|---|
| 1. To be afraid                | a. To accept one's responsibilities; to keep going without anybody's help |
| 2. To stand up straight        | b. To be unable to move further (also figuratively)                       |
| 3. To carry one's own weight   | c. To continue for longer   |
| 4. To go nowhere               | d. Things will improve in the future                                      |
| 5. To get oneself together     | e. To be useless  |
| 6. To get stuck (in something) | f. To have a fear of something  |
| 7. To get out of (something)   | g. Keep your back straight; <i>Fig.</i> don't give up                     |
| 8. Later will be better        | h. To desire a large or constant amount of something                      |
| 9. Can never get enough        | i. To get control of your emotions or actions after being very upset      |
| 10. To run over                | j. To avoid doing something that you should do                            |

What message does the song want to convey? Look at the chorus (you've got to...) and the last line of the song to help you. Choose the best option.

1. Relax, and wait for better times.
2. Don't give up! Better times will come, but you must do your part.
3. Nobody knows what the future holds – we must seek the help of our friends.

**Note on the song:** Bono wrote this song when he learnt that Michael Hutchence, leader of the Australian band INXS, had killed himself in a moment of despair. He was shocked at the news, and wrote the song in memory of his friend and as an encouragement to anyone who is going through difficult times to stay strong and have faith in what the future can bring.