

## FOOD

**Fill in the blanks using the words given below:**

Dinner, non- vegetarian, health, chew,  
junk, plenty, energy, healthy, food

1. No one can live without
2. Food gives us
3. Fresh food is good for our
4.  Food is not good for our health.
5. We have  at night.
6. We must  food properly.
7. We should drink  of water.
8. Food keeps us
9. People who eat meat and eggs are called