Prevent the Spread

Fill in the blank with correct

share	wash	vegetables	cooked	boiled
cover	healthy	disinfectants	expired	mask

answer

1. You need to stay clean and _____ to protect your body from diseases.
2. To prevent spread of disease, it is better not to _____ items with others.
3. Eating a healthy and balanced diet with lots of fresh fruits and _____ will prevent from getting diseases.
4. Food such as meat and seafood should be _____ to kill germs.
5. Diseases can also spread from _____ food. Therefore, you need to check the date before eating them.
6. Always _____your food with food cover so animals that carry diseases do not get to it.
7. Water that is used for drinking should be _____ to kills germs.
8. Keeping things clean by using _____ can stop the spread of diseases because it kills germs.
9. Cover your nose and mouth using _____ to stop spreading of germs in the air when you sneeze or cough.
10. _____ fruits and vegetables properly before eating them