

NAME: _____

DATE: _____

VITAMINS

Use the following video to help fill out the table. <https://www.youtube.com/watch?v=1Q6diQ-YyxE> Put the vitamins in ALPHABETICAL ORDER.

Drag the information to the correct spaces to complete the table below.

GOOD EYESIGHT		BLOOD DOES NOT CLOT
	RICKETS	
	 SPINACH	STRONG BONES AND TEETH
	 MILK	NIGHT-BLINDNESS
	BLOOD CLOTS QUICKLY	 BROWN BREAD
SCURVY	HEALTHY NERVOUS SYSTEM	
	MUSCLE WEAKNESS	HEALTHY SKIN AND GUMS
HEALTHY RED BLOOD CELLS		BERI BERI

VITAMIN	SOURCES	USES	DEFICIENCY DISEASE