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UNIT 2: PRACTICE TEST

PHONETICS

I. Put the words on the left into their correct column.

vacation, leaf, phone, travel, cough, leave, coffee, verify, after, have	/f/	/v/
	.....	.....

II. Choose the word whose main stressed syllable is placed differently from that of the others in each group.

- |                  |              |               |                |
|------------------|--------------|---------------|----------------|
| 1. A. unique     | B. itchy     | C. pollute    | D. exchange    |
| 2. A. between    | B. dislike   | C. sickness   | D. replace     |
| 3. A. sunburn    | B. elect     | C. arise      | D. event       |
| 4. A. convenient | B. historic  | C. adventure  | D. concentrate |
| 5. A. president  | B. motorhome | C. depression | D. volleyball  |

1.....	2.....	3.....	4.....	5.....
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VOCABULARY AND GRAMMAR

I. Match the beginnings in A and the endings in B to make complete compound sentences.

A	B
1. I needed some money,	a. but it is very cold.
2. Peter drove to visit his friend,	b. or I would like to play golf.
3. It is sunny,	c. nor does she like any kind of fish.
4. Janet doesn't like sushi,	d. so I went to the bank.
5. Tom asked his teacher for help,	e. and he asked his parents.
6. I would like to play tennis today,	f. and they went out for dinner.

1.....	2.....	3.....	4.....	5.....	6. ....
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II. Use more or less with a noun given in the box to complete the following sentences.

sugar	water	rice
nylon bags	time	money

- Eat \_\_\_\_\_ and other food to get fit.
- Eat \_\_\_\_\_ because you are fat now.
- Spend \_\_\_\_\_ studying Maths as you are not good at it.



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- 4. Drink \_\_\_\_\_ when having a fever.
- 5. Spend \_\_\_\_\_ so that we can save for a new car!
- 6. Use \_\_\_\_\_ to save the environment.

**III. Give the correct form of the word in brackets to complete the following text.**

The USDA recommends consuming 2 cups of fruit per day. The healthiest choices are fresh fruits or (1. FREEZE) \_\_\_\_\_ without added (2. SWEET) \_\_\_\_\_. Fruit is (3. NATURE) \_\_\_\_\_ low in fat, sodium and calories, and rich in potassium, fiber, vitamin C and folate. Some high-potassium fruits include peaches, cantaloupe, honeydew, oranges and bananas. Fiber in fruit helps to protect against heart disease and (4. LOW) \_\_\_\_\_ cholesterol. Vitamin C in foods like citrus and strawberries helps with wound (5. HEAL) \_\_\_\_\_ and keeps gums and teeth (6. HEALTH) \_\_\_\_\_.

**READING**

**I. Read the following text and use the words given in the box to fill in the blanks.**

<b>increases</b>	<b>by</b>	<b>protecting</b>	<b>most</b>	<b>estimates</b>
<b>problem</b>	<b>will</b>	<b>such</b>	<b>health</b>	<b>vision</b>

Protecting your eyesight is one of the (1) \_\_\_\_\_ important things you can do to help maintain your quality of life.

Some type of sight-threatening eye (2) \_\_\_\_\_ affects one in six adults age 45 and older. And the risk for vision loss only (3) \_\_\_\_\_ with age. In fact, the American Academy of Ophthalmology (AAO) (4) \_\_\_\_\_ that more than 43 million Americans (5) \_\_\_\_\_ develop age-related eye diseases (6) \_\_\_\_\_ 2020.

Since the leading causes of blindness and low (7) \_\_\_\_\_ in the United States are age-related diseases (8) \_\_\_\_\_ as macular degeneration, cataract, diabetic retinopathy and glaucoma, (9) \_\_\_\_\_ your eyesight as you age is an essential part of your (10) \_\_\_\_\_ care.

**II. Read the following text and decide which answer from the drop-down list best fits each numbered blank. (Click the arrow next to the blank to see the drop-down list)**

Health benefits of fruit guarantee you optimum health and a well-built body in the long run. Fruit benefit (1) \_\_\_\_\_ body immensely as they are (2) \_\_\_\_\_ sources of vitamins and minerals, which are essential for proper functioning of the body. Rich in dietary fiber, fruits also help (3) \_\_\_\_\_ the functioning of the digestive tract. Fruits are an important (4) \_\_\_\_\_ of a healthy diet for those who want to lose (5) \_\_\_\_\_; they give ample energy and nearly every nutrient that your body needs to curb weight gain, (6) \_\_\_\_\_ adding any unnecessary fats.

Moreover, fruits help you to stay (7) \_\_\_\_\_ from health complications like heat stroke, high blood pressure, cancer, heart ailments, and diabetes. Fruits (8) \_\_\_\_\_ fight skin disorders and promote healthy hair growth. It is always suggested (9) \_\_\_\_\_ raw,



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fresh and ripe fruits because then you experience the real health benefits, rather than consuming them after (10) \_\_\_\_\_ or cooking.

**III. Read the text below and write one word in each blank to complete it.**

**SPORTS REDUCE STRESS AND DEPRESSION**

When you are physically active, your mind is distracted from daily stressors. This can (1) \_\_\_\_\_ you avoid getting bogged down by negative thoughts. Exercise reduces the (2) \_\_\_\_\_ of stress hormones in your body. At the same time, it stimulates production (3) \_\_\_\_\_ endorphins. These are natural mood lifters that (4) \_\_\_\_\_ keep stress and depression at bay. Endorphins may even leave you feeling (5) \_\_\_\_\_ relaxed and optimistic after a hard workout. Experts agree that more quality research is needed to determine the relationship (6) sports and depression.

**WRITING**

**I. Rearrange the given words or phrases to make meaningful sentences.**

1. Japanese ones/ Korean cars/ cheaper/ are/ than.  
\_\_\_\_\_

2. started/ ago/ to sleep/ My son/ 2 hours.  
\_\_\_\_\_

3. tomorrow/ probably/ a lot/ Hanoi/ It/ rain/ in/ will.  
\_\_\_\_\_

4. soon/ Natural resources/ to save/ if/ them/ will/ don't try/ we/ end.  
\_\_\_\_\_

5. chess/ than/ Lucy/ better/ I do/ plays.  
\_\_\_\_\_

**II. Use the given words to write the complete sentences.**

1. Your homework/ be/ easy/ than/ my homework.  
\_\_\_\_\_

2. No/ other singer/ our country/ be/ popular/ than/ her.  
\_\_\_\_\_

3. Ha Long/ be/ most beautiful/ bay/ Vietnam.  
\_\_\_\_\_

4. They/ watch television/ living room/ now.  
\_\_\_\_\_

5. Look/ Hoa/ play soccer/ friends/ her class.  
\_\_\_\_\_