Name:_____ DATE:_____

Deficiency Diseases Worksheet

1. What is a deficiency disease?
   a. A disease that is passed from one person to another
   b. A disease that is caused by a pathogen
   c. A disease that is caused due to a lack of a nutrient

2. Where is the thyroid gland found?
   a. Face
   b. Neck
   c. Leg

3. Which deficiency disease causes “bleeding gum?”
   a. Goiter
   b. Scurvy
   c. Kwashiorkor

4. Which deficiency disease causes an enlargement of the thyroid gland?
   a. Goiter
   b. Scurvy
   c. Kwashiorkor

5. How many types of diseases are there?
   a. 2
   b. 3
   c. 4

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6.Based on the photo below, use the word bank below to identify the type of deficiency.

Scurvy	Kwashiorkor	Goiter







_____ _____ _____

7. Complete the table below with the correct response. .

DEFICIENCY	NUTRIENT
Kwashiorkor	
	Vitamin C
Goiter	

8. Give one example of where the following nutrients can be found:

a. Protein : _____

b. Vitamin C: _____

c. Iodine: _____

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