

**Instruction: Listen to the audio and fill in the blanks.**

**People told to avoid skin-lightening creams**

Local governments in the UK have (1) \_\_\_\_\_ consumers about the use of some skin-lightening creams. Some of the lightening creams they tested contained (2) \_\_\_\_\_ ingredients and so were illegal.

However, they were on sale in UK stores. A spokesperson said the creams could pose a serious (3) \_\_\_\_\_ to consumers' health. He said there has been an increase in the number of users experiencing health (4) \_\_\_\_\_ after using the creams.

These include rashes, burns and (5) \_\_\_\_\_. The spokesperson said the creams could increase the risk of skin cancer, and liver and kidney damage.

The global skin-lightening industry is estimated at \$4.8 billion. It is forecast to double to around \$8.9 billion in ten years. The local governments warned that "rogue retailers" were selling (6) \_\_\_\_\_ skin-lightening lotions and omitted to put the illegal substances on the labels. Some of the ingredients acted like (7) \_\_\_\_\_ stripper. It could burn off the top layer of skin. A spokesperson said: "Skin creams containing banned ingredients are very (8) \_\_\_\_\_ and could seriously (9) \_\_\_\_\_ your health, scar you for life and even kill you, so they should be (10) \_\_\_\_\_ at all costs."



- scars
- warned
- paint
- avoided
- threat
- banned
- illegal
- dangerous
- problems
- damage

