

MILK- A PROTEIN FOOD

Name: _____ Grade _____ Date: _____

Watch the video, then answer the questions.

1. What is dairy:
2. Milk is produced by :
3. Milk is an excellent source of :
4. Milk also contains the nutrients :
5. Milk is processed by :
6. Fresh milk should be stored in the :

7. _____ and _____ are products of milk.

8. Milk can be obtained from _____ and _____.

9. Milk is

10. two popular foods made with milk are