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Questions 5–7

Listen to the next part of the talk. Choose **THREE** letters a–h. Give three reasons why the speaker thinks so many people have an unhealthy diet.

- a It is cheaper to buy packet food.
- b People do not know how to eat healthily.
- c It is cheaper to buy fast food.
- d They prefer fast food.
- e They do not like packet food.
- f It is quicker to buy fast food.
- g They have to plan their meals.
- h Schools teach children about a balanced diet.

5 6 7

Questions 8–10

Listen to the last part of the recording and complete the table. Write **NO MORE THAN ONE WORD** for each answer.

Group responsible:

(8)

Limit advertising for unhealthy food

Educate the public about a healthy diet

(9)

Stop selling unhealthy snacks and drinks

Provide children with fresh and healthy options

(10)

Make sure children eat a balanced diet