

5

You will hear a student representative welcoming new students to the university and explaining a little about traditional English meals. First read the notes below.

Then listen and complete them. Write NO MORE THAN TWO WORDS OR A NUMBER for each answer.

|                               |                        |                    |
|-------------------------------|------------------------|--------------------|
| very popular dish :           | Fish and chips:        | fried in (1) ..... |
| - not (2) .....               | Popular esp. (3) ..... |                    |
| Another traditional meal:     | Sunday lunch           |                    |
| (4) .....                     | meat with (5) .....    |                    |
| Traditionally eaten (6) ..... |                        |                    |

### Questions 1-4

You will hear a talk on nutrition. Complete the notes. Write NO MORE THAN TWO WORDS for each answer.

Topic: Healthy eating

- definition
- reasons why people don't (1) .....
- ideas for (2) .....

Healthy eating is:

- balanced diet
- eating the (3) .....

Note: balanced diet incl. meat, veg, fruit, cereals & (4) .....