

Vocabulary / Keywords

Task:

Read the words and the definition.
Try to match each word to its definition.



concentrate

The ability to do work.

Energy

To focus and pay attention.

brain

Seeds that can be eaten.

Wholegrain

An organ that controls the body.

Sugary

Activities to make your body strong

Exercise

A type of food like pistachio, almonds...

nuts

Foods contain sugar.