

UNIT 2: HEALTH

I. Choose the odd one out.

1. a. running b. coughing c. cycling d. swimming
2. a. vegetables b. fish c. fried chicken d. fruits
3. a. cold b. cough c. stuffy nose d. sunburn
4. a. soda b. milk c. fruit Juice d. water
5. a. fever b. health c. obesity d. headache

II. Complete the sentences with the correct form of the verb *have* or *feel*. Add *a* or *an* where necessary.

1. I _____ flu. I _____ tired and weak.
2. Jane _____ sick, so she stays at home today.
3. Maybe she _____ fever. Her face is red and she tells me that she _____ very hot.
4. I _____ terrible headache yesterday, but I _____ better now.
5. What's wrong with Sarah? Does she _____ toothache?
6. 'Have you ever _____ allergy to seafood?' 'Yes, I _____ ill when I ate some lobsters two months ago.
7. My friend _____ sunburn after a day at the beach. Her skin becomes red and sore.
8. I _____ itchy and I _____ runny nose. Do I _____ cold?

III. Complete the imperatives with *more* or *less*, using the verbs in the box.

play	drink	eat	read	sleep	spend	watch	do
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1. _____ video games or your eyes will be hurt.
2. _____ fruit, vegetables or nuts because they are healthy.
3. _____ if you want to be more active.

4. If you want to improve your knowledge, _____ books.
5. _____ TV because too much TV is really bad for your eyes.
6. If you're outside on a hot day, _____ water.
7. _____ exercise, and you will feel fitter and healthier.
8. _____ time on social media, so you can focus on your tasks.

IV. Fill in the blanks with *and, so, but, or*.

1. We stayed at home _____ watched a film.
2. I want to buy a new car, _____ I don't have enough money.
3. She had a terrible headache last night, _____ she couldn't go out.
4. I eat cake, _____ I never eat biscuits; I don't like them.
5. Would you like cake _____ biscuits with your coffee?
6. My job is very interesting, _____ it doesn't pay very well.
7. We can go by bus, _____ we can walk.
8. My classmate studies very hard, _____ she always gets good marks.
9. You had better hurry up, _____ you'll be late for work.
10. The Japanese eat healthily, _____ they have high life expectancy.