

Tuesdays with Morrie

Discussion Questions

1. What was the ONE lesson Morrie taught Mitch that you personally found the most impactful? Why? (Relate this to your own life.)

2. Morrie is a person who (you might say) always looks on the “bright side” of things. He is an optimist. Some people are pessimists and choose to do the opposite and always look at the negative side of every situation. Still others are more extreme; these “fatalists” constantly look at the worst possible outcomes, believing that even the most mundane activities can lead to the worst catastrophe of your life. Somewhere in the middle are your “realists” that don’t see positives or negatives. They just see the reality of the situation. Which one would you say YOU are? Why do you think you are like this?

Are there any benefits to being one or the other?

4. Mitch finds that he spends “so many hours on things that meant absolutely nothing to me personally: movie stars, supermodels...” (42). What do you spend most of your time doing? Does it mean something to you or are you wasting time? Explain why!

6. On the bottom of page 117, Morrie talks about not buying into all the emphasis on youth. Reread those two paragraphs. Do you agree or disagree. Why?

7. This entire book is focused around the lessons that Morrie teaches Mitch before he dies. If you were writing a memoir about your life, what important events would you include? What did you learn from them?

What advice would you give those who come after you? Be prepared to explain!