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# FAMILY LIFE AND HEALTH

GRADE 4



# WHAT IS A DISABILITY?

A disability is a mental or physical condition that prevents the body from working, as it should.



# PHYSICAL DISABILITIES

- ☐ blindness
- ☐ deafness
- ☐ Speech defect
- ☐ paralysis



# MENTAL DISABILITIES

- ☐ *down syndrome*
- ☐ *retardation*
- ☐ *autism*
- ☐ *depression*





# Health and Family Life

**Ways to show respect for individual differences**



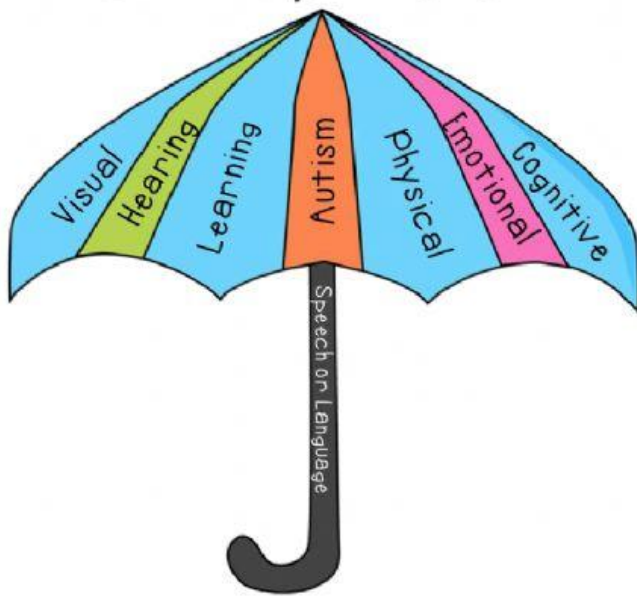
Bahamas Educational Express

Ways to show  
respect for individual  
differences

*It's time to  
watch the  
video*

 **LIVEWORKSHEETS**

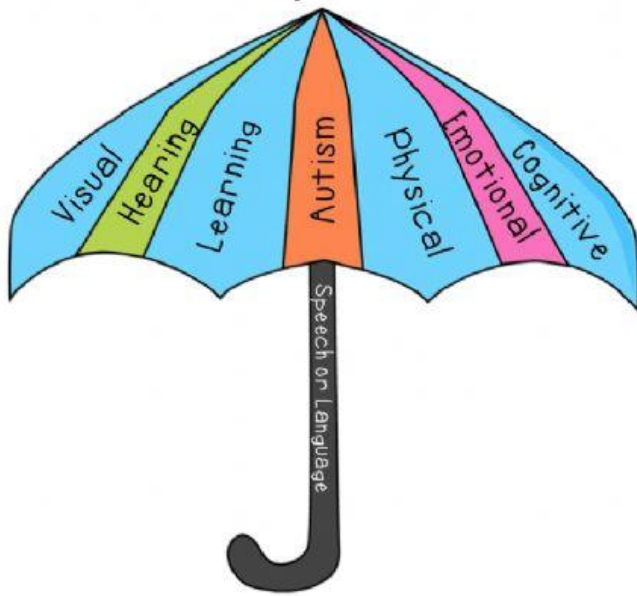
# Disabilities



## Ways to show respect for individual differences

- Avoid using put-downs. Don't call people ill names
- Put yourself in another person's place and think about how they feel
- Apologize if you hurt someone's feelings
- Avoid talking unkindly about someone just because they look or act differently from you
- Encourage others to try their best, regardless of their abilities

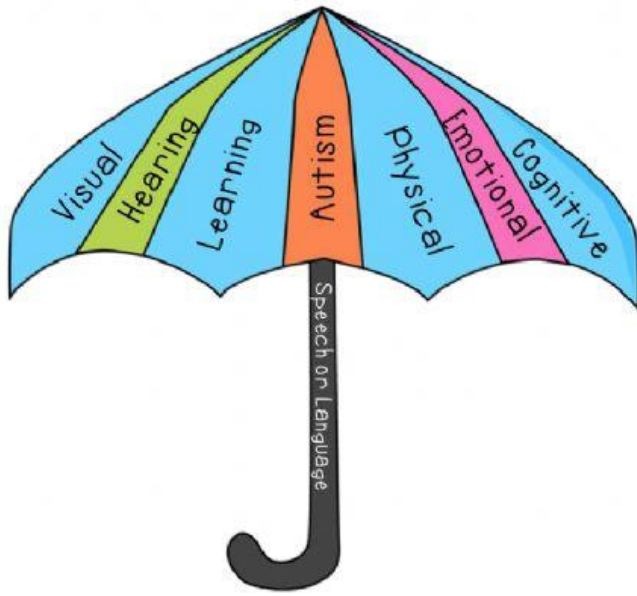
# Disabilities



## Ways to show respect for individual differences

- Be fair in dealing with others
- Report acts of bullying or harassment to your teacher or another trusted adult
- Appreciate what is special about yourself and others.
- Don't miss out on having good friends just because other people are different from you.

# Disabilities



## ACTIVITY

- Write a speech about respecting the difference between people