

Theme: Self and Interpersonal Relationships

Lesson: 1

Traits

Traits are the physical characteristics or qualities (mental, emotional and social) that make a person special.

Traits can be **inherited** and **acquired**.

Inherited traits are passed on to individuals from their parents, e.g. the ability to play a musical instrument, being great in sports, being good in a foreign language.

Acquired traits are characteristics that people develop as a result of life experiences and engaging in activities over time. One might become a skilled player because they acquired an interest in the activity and practiced until they perfected it.

Individual interests, skills and talents make a person unique or different from others.



Activity

Complete a self-inventory identifying their interests and hobbies. Share findings with the class.

Date: _____

Directions: Look at each picture showing the hobby or interest. Write a sentence to tell about each one.












