

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Hygiene in Clothing

### Section A- Write the correct term on the line.

1. \_\_\_\_\_ means keeping the body clean.
2. Flakes of dead skin from the scalp \_\_\_\_\_.
3. \_\_\_\_\_ means daily personal care of the body to keep it looking clean and attractive.
4. A doctor who treats skin problems \_\_\_\_\_.
5. Skin disorder involving black heads and pimples is called \_\_\_\_\_.
6. A sticky film of harmful bacteria that is found on the teeth \_\_\_\_\_.
7. A \_\_\_\_\_ is a treatment for the care of hand and nails.
8. A \_\_\_\_\_ is a treatment for the care of the feet and toenails.
9. A fungus that grows on moist feet is called \_\_\_\_\_.
10. A \_\_\_\_\_ is a painful swelling near the joint of a big toe.

### Unscramble the following personal products

- a) Hoot epsat \_\_\_\_\_
- b) Lontoi \_\_\_\_\_
- c) Ditconreion \_\_\_\_\_
- d) Ontedorad \_\_\_\_\_
- e) Hsmapoo \_\_\_\_\_
- f) Bhirus \_\_\_\_\_
- g) Tohot rhssbu \_\_\_\_\_
- h) Bmco \_\_\_\_\_
- i) Uoswhamth \_\_\_\_\_
- j) Icpmue nesto \_\_\_\_\_

**Section B- Answer the following questions on the space provided.**

11. List **TWO** benefits of keeping the skin clean.

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12. Give **ONE** guideline for preventing each of the following:

a) Dandruff \_\_\_\_\_

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b) Acne \_\_\_\_\_

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c) Corns on the feet \_\_\_\_\_

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d) \_\_\_\_\_

e) Cavities \_\_\_\_\_

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13. State why the following practices are advisable:

a) Regularly flossing the teeth

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b) Trimming the toenails straight across

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14. Explain the difference between deodorant and antiperspirant.

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