Name : _____Class_____No___

Laughing Out Loud

A: Choose the best answer.

1. When we laugh, we use 15 different _____in our face.
   a. brain b. heartbeat
   c.muscles d. blood pressure
2. " movement of the blood around the body"refer to _____.
   a. heartbeat b. organ
   c. relaxation d. circulation
3. What does this word " blood pressure" mean?
   a. the action of the heart
   b. measurement of the force of blood moving around the body
   c. movement of the blood around the body
   d. the organ in the head used for thinking
4. Forty- five minutes of _____ is the same as one minute of laugher.
   a. heartbeat b. organ
   c. relaxation d. circulation
5. What does "a painkiller" mean?
   a. a medicine that stop pain
   b. a medicine that help your body is stronger.
   c. a medicine that for movement of the blood around the body
   d. a medicine is the same as vitamin
6. Which sentence is correct about when we laugh?
   a. We breath quickly and exercise the face, shoulder and chest.
   b. Our blood pressure goes down.
   c. Our circulation gets better.
   d. All correct.
7. When we laugh, our brain makes a natural painkiller called_____.
   a. a beta- oxidation
   b. a beta - endorphin
   c. a beta - carotene
   d. a beta L- carnitine
8. Which is the following is not true about the laughter clubs?
   a. The laughter clubs started in India.
   b. The laughter clubs in India are more than 450 laughter clubs.
   c. People go to the laughter clubs once a day for 20 minutes.
   d. Many people pay a lot of money to join a laughter club.
9. Which of the following is relaxation for most people?
   a. working b. studying
   c. watching TV. d. eating
10. Which of these activities give you a faster heartbeat?
    a. exercising b. sleeping
    c. shopping d. reading

LIVEWORKSHEETS

B: Write the adverbs.

Adjectives	Adverbs
1. simple	
2. noisy	
3. good	
4. fast	
5. playful	

C. Choose the right word (adjective or adverb)

1. Tom is an excellent / excellently football player.
2. Peter is very sadly / sad.
3. The children are singing happy / happily.
4. Mike can run very fastly / fast.
5. She understands English perfect / perfectly.
6. Belinda smiles nice / nicely.
7. Bob will be famous / famously basketball player in the future.
8. Fiona has got such a sweet / sweetly cat.
9. Please write your text careful / carefully.
10. Claudia always dresses beautiful / beautifully.

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LIVEWORKSHEETS